

The
GREAT
AWAKENING

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EVAN ANSOT



TATE PUBLISHING
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The Great Awakening

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For Nilissa, Olivia, and Sophia
I am eternally yours

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Introduction

I've always felt a magnetic pull toward the spirit of a loving God—a God who would show the type of affection to me that a mother feels toward a newborn child. This has always been the kind of relationship I have desired with my creator.

I needed to know more than what I was given from my elders. As far back as I can remember, I was never satisfied nor fulfilled with the answers I was receiving to my numerous questions. Deep down, I knew that God was different than what I was being taught. I was lacking a much deeper and more loving God than the hell and brimstone tyrant that was shown to me.

Like a treasure hunter, my quest started at the age of nine. A bunch of us kids were playing in the neighborhood playground when I saw a group of well-dressed people file into a white building. I jumped off the monkey bars and proceeded to follow the crowd. A very nice woman seated me, and I heard my first sermon with her. Afterward she handed me a Bible and explained to my inquisitive mind

whom Jesus was. That was in 1973, and I was well on my way to finding gold.

I was too young to get past all the “thou shalt” and “thou shalt not” of the King James Version; therefore, I left the Bible in my drawer where it would remain for years to come.

At the age of twenty-two, while serving in the United States Navy, I had a spiritual experience. I was in a group setting, having a discussion, when out of nowhere I felt a hand touch my right shoulder from behind. I turned to look to see who it was and *saw no one there!* Immediately a feeling of complete and total bliss engulfed my body, beginning at my right shoulder area and ending at my toes. This feeling of peace stayed with me for three days and then slowly dissipated. During that period, I truly experienced heaven on earth. I was to find out later on in life that it was the Lord Jesus himself who paid me a visit that day. This wake-up call would be my first experience with the divine, but not my last.

I knocked the dust off my trusty Bible and read it from cover to cover. Then I proceeded to read commentaries about the books in the Bible until it became an obsession. I purchased a Strong’s Concordance and a Halley’s Bible handbook and literally memorized them. Many books I read from wonderful authors such as Billy Graham, John Valvoord, J. Vernon McGee, and many others.

I bounced around from church to church, apparently asking too many questions about the Holy Father to suit the teachers, until I would finally leave and look for another house of worship. This would go on for a few years, and then once again, my thirst for biblical knowledge was sadly replaced by the cares of this world, completely withdrawing from the church of Christ.

This would once again change. Ten years after my mystical experience with the hand, I received spiritual experience number 2. In March of 1996, I was involved in a horrific one vehicle auto accident. I was thrown from my vehicle, landed on the pavement, and ended up fracturing my neck, cheek, nose, and knocked out several teeth. I am very lucky to be alive today.

While I was in the ambulance on the way to the hospital, my heart stopped. What happened next was another life-changing experience. I stared down at my lifeless body wondering who I really was. If that body is me, then who am I now? I saw a few visions which are included in this book and was then resuscitated. It would turn out to be another life-changing experience, which would never leave me.

From that time to this, I have never wavered in my study of the scripture. Eternally searching, forever growing.

I would have one more experience which far surpassed anything prior which is included in the chapter of this book, "The Awakening." I'm still having trouble wrapping

my mind around the turn of events which have happened during that time period.

These events can best be described as bizarre, yet true.

This book is my attempt at describing what I have come to realize as the true nature of God, or the source and its creation, the spirits, minds, and bodies of that which it created.

To express the power of prayer through a unique formula of faith and resistance.

To show what we are all capable of, using Jesus as the example for the rest of us to follow.

To give us all a vision of things to come.

I would like to thank first and foremost Jesus the Christ for giving me a second chance time and again.

The Angels Thomas, Samuel, and Elizabeth for your patience and kind words.

The Apostle Philip for understanding why I am the way that I am. If anyone knows, it's you.

The Priest and Prophet Zachariah for your dedication to the cause.

I hope and pray everyone enjoys reading this manuscript as much as I enjoyed writing it.

March 12, 2015

Jesus said, “If those who lead you say to you, ‘See, the kingdom is in the sky,’ then the birds of the sky will precede you. If they say to you, ‘It is in the sea,’ then the fish will precede you. Rather, the kingdom is inside of you, and it is outside of you. When you come to know yourselves, then you will become known, and you will realize that it is you who are the sons of the living father. But if you will not know yourselves, you dwell in poverty and it is you who are that poverty.

—Gospel of Thomas, verse 3

If you want to find the secrets of the universe, think in terms of energy, frequency, and vibration.

—Nikola Tesla

The Soul

This book is a message from the soul. It was given to me to give to you. I'm fulfilling my part of the deal by writing it; now fulfill yours by reading it. Together, maybe we will make this a better world where all can live in peace and harmony. Heaven knows the world needs a new message; the old ways aren't working out in our favor. Past formulas are coming up short. Past performances are lacking.

We desire a change in direction. We are in dire need of new information that tells us all who we really are: sons and daughters of the living God. We've been hoodwinked into thinking otherwise, and it's time to lift the veil.

Many of us believe that we are a three-part being made up of body, mind, and spirit. This is a simplified answer to a very complex being. We are much grander than this. It's a general misconception that I will attempt to clarify. Wish me luck.

First, saying that we are made up of body, mind, and spirit is lacking in that we are missing a very key component to all this. Where is the soul in this answer?

Immediately there will be those who will object and announce that the spirit and the soul are the same thing. Oh, but they aren't. Let me explain myself.

Let's begin with the soul. There is but one and only one soul in this and any other universe: the eternal soul of God.

It is omnipotent, omnipresent, and universal. The soul has all knowledge of every life ever lived, every life living now, and every life in the future. It is power, it is glory, it is hallowed. Jesus called this soul "our father." It's the Supreme Being, the Alpha and Omega, and the first and the last.

It is pure energy—the highest energy imaginable. It is the source, the combined power of every star, planet, nova, and anything else that exists in the universe and beyond. It is first cause and last effect.

It is God. It is what men of science and religion have been seeking for eons. And still they don't know. Still they search. They are getting closer; there is just something missing from the equation.

It is a mystery that metaphysicians have been searching for in the deepest corners of their mind and their deepest reaches. The yearning for this power has driven men beyond the normal laws of physics. This is the power that can heal the sick and raise the dead—the energy that creates worlds and those beings that inhabit those worlds.

This is our eternal soul. And it has been with us all along, reaching out to us, telling us, “Here I am” and “Come to me.”

In the beginning, before any matter was created, this soul was all that existed. There was nothing else. Its form is energy—pure, total, and complete. Yet the size of this soul was a million times smaller than the tiniest grain of sand found on the beach of the Pacific Ocean. You can't see it, but yet it exists. You might ask, “Well, how can this be?” It's simple. It's called energy—complete and total. It vibrates at an infinite frequency. It is an energy source that is simply beyond our understanding. Yet it is there nonetheless.

And then this soul changed all by asking the question that is still being asked today and will continue to be asked. We shall call this the eternal question.

“Who am I?”

How many times in the history of mankind have we asked ourselves who we are? Speaking for myself, I've asked that question a thousand times throughout my life. It's been a question that has nagged at me since I was a young boy, a question I ask myself today. a question of eternal evolution that answers itself daily yet never answers itself fully—a paradox.

The soul—God—contemplating itself, asked the same question.

Immediately after the question was asked, the big bang that scientists are studying about occurred. This was

greatest explosion of energy you could possibly fathom:, the soul splitting itself into an infinite number of parts, sending forth its energy into every direction at a rate of speed that would expand the finest minds of anyone who has ever bothered to look into this matter. The key word there is *matter*. This is pure energy turning itself into matter. This is the soul expanding itself into the material world and becoming physical.

The soul turns itself from one part to another: energy to matter. Einstein explained this with his formula of $E = mc^2$ (energy equals mass times the speed of light squared). This is a formula, which in its simplest terms, tells us that matter and energy are the same entity and can be changed into each other. Thank you, Albert.

Now for every action, there is an equal and opposite reaction. Therefore the soul, which consists of pure energy, sent out positive energy and negative energy to balance itself—two wavelengths, opposite yet complementary.

There can be no other solution. Positive energy went in this direction, and negative energy went in that direction. It's either one or the other in varying degrees. The energy travelled at a great speed through what we call wavelengths. Frequency is how many times a second something vibrates. The frequency that this matter or mass, whatever you wish to call it, was vibrating at a speed that boggles the mind. One can't really wrap their mind around it.

As time went by, this energy formed into matter. Gases were formed, then stars, and finally planets.. This process took billions of years to happen.

Further time went on, and the energy began to cool as it got farther away from the center of the big bang, and elements begin to appear: hydrogen, helium, and then other elements.

Now as matter was forming, its counterpart antimatter was also forming—one matter to offset the other, two wavelengths going opposite directions at the same rate and power. Each is formed by the other. Both are working in unison to keep the center balanced.

Imagine seeing a seesaw or teeter-totter as we used to call them. One side goes up, the other goes down, and back and forth. Each side balances itself in perfection—on one side is matter and the other antimatter. One side positive energy, the other negative. Back and forth, back and forth, each side being balanced by the center. Think of the right and the left. They need each other to exist. Perfect counterparts. Up and down, male and female, this and that, Ford and Chevy. I was just kidding about the Ford-and-Chevy bit, trying to keep it light. Ford and Chevy, the eternal argument.

The center of the seesaw is what keeps each side from going over the edge into never-never land just as the center of the universe, the soul, keeps positive and negative energy

from overtaking each other. It balances the two. You can't have one without the other, or neither would exist.

Matter begins to cool. More complex elements begin to form: oxygen and carbon begin, then others. Water appears and with it, life.

Now in all this, the soul, or God, is connected in everything. It begot everything; it is everything. It is the soul finding out the original question of "Who am I?" So it had to divide and subdivide itself into individual parts to find out who the soul is. Pure energy splitting itself up into different parts and pieces. God finding out what God is all about. Rather exciting prospect, wouldn't you agree?

Energy changing into mass to determine what energy is. The soul forming individual spirit, forming the mind, forming life. The soul has divided itself into spirits, spirits of all shapes, sizes, forms, and energy. If anything has life in it, then it has spirit. It doesn't matter if it's a tree, a dog, a plant, or human. We are all created spirits come from the one soul. Positive and negative energy created in concert for balance. Matter and antimatter. Each defining its own role in the universe.

This means, of course, that we are all one. As I said before, God is finding out who God is. The soul created this illusion of separateness through time and space to answer the original question: who am I? Well, it's finding out each and every day in every world that exists. If God, or the soul, hadn't asked the original question, then none of us would

exist. We would still all be a part of the original energy vibration before the big bang. We'd still be united with the soul, but we wouldn't be able to experience ourselves. We'd know ourselves but not the experience of it. The idea would be there, but nothing else.

Spirits are formed from the soul. Life begins. The mind and body follows, and with it comes consciousness and then more questions, all stemming from the original question: "Who am I?" It is the original question of the entire universe.

Every question that has been asked since can be traced back to the original. Think about that for a second. You go to your local bookstore; you decide what to buy based on who you are. You buy a car and a house, you marry a wife, you add a dog, etc., based on who you are. You decide to have children, where to live, to get an education, and which hobbies to pursue. You can't get around it. It's all based on who you are. It is truly the eternal question for a person, a community, a state, and a world. How should I comb my hair? How should I dress? Whom shall I love? Who will be my God? What shall I do today? Every choice you ever make in your life is based on the original question of "who am I?" Whom do I choose to be? Well, the answer for God is to be the all of it. Not just the positive part as the church seems to think, but all of it. It would be impossible for it to be any other way.

The one soul which formed the universe that we live in needed to discover who it is. It made a choice. Before that choice, all it had was an idea—a concept, a visualization. But that wasn't enough to satisfy the curiosity of God or the soul. It needed more. It needed much more. Experience of who it is was the driving force behind the big bang. It had to experience itself just as we choose to come here in this life for the same reason. Unless you have the physical, you can't experience the spiritual. Unless you have the spiritual, you can't experience the physical. Unless you have the soul, you can have neither. God is unable to experience unless God becomes flesh. You can know who you are but not the experience. It's the same with God.

Light and Darkness, life and death, right and left, are brothers of one another. They are inseparable. Because of this neither are the good good, nor evil evil, nor is life life, nor death death. For this reason each one will dissolve into its earliest origin. But those who are exalted above the world are indissoluble, eternal.
(Gospel of Philip)

The soul that leads to spirit that leads to mind that leads to body. One leads to the next. It's the only way God can self-realize who God is. Before matter, God only had a conception, an idea, of who it was. After matter, God now can enjoy the complete and total experience of its existence. The up, the down, the left, the right, the forward, the backward—everything. And that includes the positive

and the negative. It's all energy. None of it is wasted; none of it is for naught. The positive and the negative energy that both emanate from the soul are both God.

Let me say that again so it can sink in to your mind. The positive and the negative energy that both emanate from the soul are both God.

Whoa! Wait a minute! Stop right there, mister!

"God is both positive and negative?" you ask.

To say that God is the positive energy force of the universe and not the negative leaves out half of God. To say that God is positive and this character known as Satan is the negative makes Satan equal with God. That would be an error. The soul, known as God, created both to offset each other. There is absolutely no other way possible for it to happen. You can't have one without the other.

God, which is a pure energy life force, split into positive and negative energy cycles or wavelengths. It's impossible for each to exist unless the other is present. This is very important. You can't have up without down, right without left, and, most importantly, male without female. So how can God be male without being female? That's correct; this image of an old bearded man on the throne is another error.

Male will not exist without female; therefore, God, or the soul, must be both. One part masculine, one part feminine. Two parts in one being, both equal with each other. Therefore, this male-dominated society is incorrect. If females are part of the God equation, then why do

we relegate them to second-class status? This means the religions and governments of the world have it all wrong.

The Roman Catholic Church, and any other for that matter, that does not allow females to be priests or leaders have got it all wrong. God can be female, but not having females as church leaders? What kind of logic is that? There is a masculine and feminine side to all of us. Look within you and you'll see. The outward body may be either male or female, but inward we are both and equal.

Now let us focus entirely on the created soul: the spirit, mind, and body experiences of the human being.

That original soul we call God that created all things is in all things. Yep, that right, I'll say it again. It's in all things. God is in every human being, each and every one of us, from the Buddha, to Adolf Hitler, to Jesus Christ, to Vlad the Impaler. As the apostle Paul wrote in Colossians 1:16 (NIV), "For *in* him all things were created: things in heaven and on earth, visible and invisible, whether thrones or powers or rulers or authorities; all things have been created *through* him and *for* him." It can be no other way. You cannot have one without the other. You can't have positive without negative, right without left, male without female, up without down, and so on. It's impossible; one side of the seesaw can't exist without the other. But without the center, neither exists. One side of the pendulum refuses existence without the other.

The soul created the spirit, the mind, and the body. All four parts are in each one of us. One cannot exist without the other. No soul means nothing else exists. The soul is the sum of all things and more; it's never-ending. Would you like a further mind-bender? Our God, our soul, is the child of another and a part of another. Its body, along with many others, serve another. That, my friends, is known as infinity. And infinity never ends. It continues up; it continues down. It's never-ending. You are a part of the soul, which is a part of another, which is a part of another. That should make you feel rather large indeed! But first, remember: the soul is, the spirit feels, the mind thinks, the body does. These are the four parts of the human being.

The problem with us human beings today is we are not being taught who we really are. We are being told we are mind, body, and spirit, that's if we are being told that at all. Some just think of themselves as a body and nothing else. How limited is that? The soul, the most important part, that which creates the other three, is being thrown to the curb so to speak. It's forgotten. And that part is the kingdom of heaven within you that Thomas spoke of.

We've lost sight of who we are. It's not our fault. We are being taught otherwise. We are all being led to believe that God is out there somewhere instead of in here. God is out there; that part is true, but God is also in here. So they're half correct.

The soul is within us—each and every one of us. It is us. This is the part of us that Jesus referred to as the Holy Spirit. It's the part of us that connects the soul with the spirit. We've just forgotten who we really are. We either don't understand, someone tells us otherwise, or we get lost in the cares of the world. A good example of this is the Gospel of Thomas's "the kingdom of heaven is within you." Now anyone who learns this and bothers to tell others understands Jesus's parable of the sower of seeds. It reads as follows:

Then He spoke many things to them in parables, saying: "Behold, a sower went out to sow. And as he sowed, some seed fell by the wayside; and the birds came and devoured them. Some fell on stony places, where they did not have much earth; and they immediately sprang up because they had no depth of earth. But when the sun was up they were scorched, and because they had no root they withered away. And some fell among thorns, and the thorns sprang up and choked them. But others fell on good ground and yielded a crop: some a hundredfold, some sixty, some thirty. He who has ears to hear, let him hear!"
(Matt.13:3-9, New King James Version)

He who has understanding, let him have understanding!
This wonderful parable was spoken on many levels.

When someone tells you the good news that the kingdom of heaven, the soul, or God, is within you, one of four things happen. You do either of the following:

1. Don't understand. The example is the seeds falling by the wayside.
2. Do, but it doesn't last very long. The example is the seeds which don't have depth. Trouble shows up at your door because of your newfound beliefs, and you ditch them to the wayside to avoid persecution.
3. Do, but you care more about this world. Material things, namely money, comes first. The example is the thorns choking the seeds.
4. Do, and you tell others the good news.

Another level of the parable of the sower of seeds is this. The four parts of this parable beautifully explain the evolutionary stages of the spirit.

Stage 1. Someone comes and tells you the good news. You look at them like they just lost their marbles. What the hell is this person talking about? God within me? *This person must be nuts*, you say to yourself, *I don't feel any God within me.* You tell them to go away and pick up the newspaper to find out if your favorite sports team won last night. You remind your wife to never answer the door again when some religious nutcase is knocking.

Stage 2. This is the part where you get a little bit of understanding, just a little. Just enough to go running around like a screaming maniac, happy as can be, for just a while. This is a short season. Why? Well, problems start to come because of your newfound belief, so you discard it because you don't have any root. You don't have a clear understanding yet, so you lose what you had, or it begins to offend you. People started giving you hell for what you believe in. Friends and family, those closest to you, begin their criticism. But it was there for a little while, and while it was, you caught fire, but the fire went out, and all that is left is ashes. You didn't keep the fire going. You didn't stoke it. Instead you went and grabbed the nearest water bucket and doused the flames. Many are called; few are chosen.

Stage 3. Yes, finally you understand the message! The good news! It lasts for a while too! You are in bliss. But as you grow, so do the thorns: the car payment, the house payment, and all the details of life that consume you. Or, life starts getting too good for you. You've figured it out, you receive blessings, but you begin to fall in love with material things instead of the soul. You try to balance the love of the soul with the love of money or material possessions, but in the end you cannot ride two horses. And sooner or later the message that you so gladly received is gone, choked by the cares of this world—the thorns and the weeds. The world you live in becomes more important than the one you came from. After all, you are here and not there.

Stage 4. This is your final destination. At last, you understand completely the good news that all the knowledge, the hope, the faith, and the love you ever wanted you already have. What you've been searching for has been there all along. That God, or the soul, is within you, and you already possessed it. You had it all along and just didn't realize it. It's all within you! It always has been! That soul which creates all things lies within you. It is you. Finally, home at last. You are so full of joy that you cannot keep this news to yourself. You tell others: some thirty, some sixty, some a hundredfold. It's like a pebble dropping into a pond and creating waves all the way to the shore. Your energy is sent out telling others, and if that seed falls on good ground, they in turn tell others. Free at last! Free at last! Thank God almighty, I'm free at last! After our long journey, we've finally come home.

Like Jesus, we are in this world but not of this world. Our home, our source, is where all the answers to every problem that surrounds us is found. It's time we all remembered that. The world would be a different place if we did.

Remember that the deepest part of you is the soul, and the soul, that which you currently think of as God, is all there was, is, and all there ever will be forever and ever. Amen.

The Spirit and Mind

Finally, all of you be of one mind, having compassion for one another; love as brothers, be tender hearted, be courteous.

—1 Peter 3–8

Okay, now that we've covered the soul for a bit, let's move on to the spirit and mind. We need to cover these two brothers together as they are eternally linked.

The spirit is a wonderful gift. It's tied to the soul, it comes from the soul, and it is the soul divided into an infinite number of parts. And in cases where your energy is at its highest positive, then it is the soul—the Holy Spirit. The soul remains unchanged for eternity while the spirit can be all over the place in any given day. The spirit is what gives the soul its experience of what it so desires to know who it really is. From its highest point of pure energy, the soul splits into every kind of spirit there is. The emotion or highest feelings known as love splits itself into every other

kind of feeling, from love to fear, and back again. Spirit is emotion, and emotion is energy in motion, both positive and negative, as the spirit begins to experience who it is. The whole dynamic of the spirit is because the soul wishes it to experience the all of it, not just positive, but all of it.

The spirit and mind, like the soul, remains unseen. But unlike the soul, they can be felt. The spirit speaks through feelings—many, many feelings. It is its language. It is its emotion. Your highest and lowest feelings are contained in the vessel of the spirit. The spirit is how God, or the soul, feels. Without the spirit, God only has an idea of who it is. I know I keep repeating myself on that, but it's very important for all of us to understand that it is because the soul wishes to experience who it is. It's the reason for our existence. So when you look at the stars at night and wonder why you are here, there is your answer.

The spirit is a wonderful gift. The spirit is constantly moving from one feeling to the next. Your feelings are its language. The feelings are how the spirit communicates to the body. It tells you what state of being you are currently in.

Bliss, peace, anger, happiness, joy, love, fear, worry, doubt, guilt, faith, hope—the list goes on and on. This is the spirit. This is how it talks to you.

Now the soul, which is God, is pure energy, which is love in its purest form.

Out of that energy—that emotion, that feeling—comes all the rest. The positive and the negative. The up and the down. Left and the right. All of it.

Out of love comes fear. You ask how that could be. Think about it for a minute and you'll see. You find love, and what is your first feeling from that? Fear of losing that love. Therefore, love created fear. Then fear created doubt, worry, guilt, insecurity, and so on. But on the other hand, if you find love and are secure enough to agree with that emotion, then you'll have peace, bliss, joy, faith, and hope. You get the picture. But your root emotion is always love. When your spirit is at its highest state, it's in love.

The highest energy is love; the lowest is fear. Out of love comes all the positive energy; out of fear comes the negative. This is the first and second cause.

Now remember I told you that the soul is energy—pure energy. And then the soul has now divided itself into spirit and matter. The soul is, the spirit feels, the mind thinks, and the body does. So that pure energy of the soul has divided itself into individual energies of the spirit, mind, and body. Positive and negative energy, each balancing itself, one offsetting the other.

The pure energy of the soul divides itself into individual energies of the spirit, which are the root energies of love and fear. These energies further divide into other energies. These are faith, hope, knowledge, joy, happiness, peace, bliss, and so on for the positive energies and worry, doubt,

guilt, insecurity, and anger for the negative side. Each side balances the other, one side offsetting the other. The up and the down. The right and the left. You get the picture.

The soul has created the spirit and mind, then the spirit and mind then creates the body. It's a chain of events that has been happening for billions of years since the original big bang question of "who am I?" and since original thought created original matter.

Think of our being as a water system. The soul is the reservoir filled with water; the spirit and the mind are the pump that pushes the water through. The pump's pressure can be controlled by a regulator, just as the spirit and mind can control the pressure of the soul and that which the source or the reservoir in our water system can let in. The spirit and mind control how much of the soul we let in, just as the regulator controls how much water pressure we have in this system. The body is that which is linked together to form the pipes; the body is also the faucet or end result of all that water pressure. Now you can control the amount of pressure being let out of the faucet by the hot and cold water valves as well, just as we can control the amount of pressure from our soul with our thoughts (mind) and feelings (spirits). When either one of these two parts of our being are clogged, not much pressure is getting through. It's the same with us. The resistance of the water pressure can also be controlled by certain variables such as

how long the pipes are, how thin the pipes are, how clogged the filters are, and so on.

The positive and negative energies of the spirit create the mind and vice versa.

Like the soul, the spirit and the mind are also unseen. The spirit and mind are also trying to figure out who they are. It's the eternal question. The spirit and mind are the bridge between the soul and the body—the bridge between God and you. The soul feels; the mind thinks. Both are capable of emitting positive or negative energy. There is such a thing as neutral energy; that's the zero-point reference that scientists are debating about. Neutral energy is God, or the soul, before it became spirit and mind turning into flesh.

The spirit uses feelings to communicate; the mind uses words. Both are intertwined with each other like a DNA strand wrapped around each other for eternity, linked. One cannot exist without the other. Each one wraps itself around each other in an eternal dance of feelings and thought. They constantly affect each other.

For instance, when you become stressed out about something, it's awful challenging to think straight, isn't it? That's the spirit affecting the mind.

Your spirit can uplift your mind and vice versa. When you are in clear state of mind with no negative energy filtering in, then your spirit is in a very peaceful state. When you are in a state of mind that is negative and unbelieving, then your spirit is in a state of sorrow. As one goes up, so

does the other. So clear your mind and watch peace and happiness come forth from your soul and into your spirit and body. You can't be in a positive state of mind and a negative state of feeling. It's impossible; they flow together. Both are either positive or negative.

Your mind and your spirit is the culmination of all the lives you've ever lived, the life you are living now, and every life you will ever live into the future. There is a memory bank within you that remembers everything you have ever done in past and previous lives. If you dig deep enough, you'll discover it all. You can trace your existence back to the beginning—back to the soul.

From the soul your first life came into being. Your first spirit, your first mind. This happened about thirteen and a half billion years ago, give or take. That first life begot your second, the second begot the third, and so on. Each life was gathering experience of itself. Each life was the soul finding out who it was through the spirit, mind, and body. Each life was gathering up experience of itself and answering the question of “who am I?”

Two Wolves: A Cherokee Parable

An old Cherokee chief was teaching his grandson about life.

“A fight is going on inside me,” he said to the boy. “It is a terrible fight, and it is between two wolves. One is

evil. He is anger, envy, sorrow, regret, greed, arrogance, self-pity, guilt, resentment, inferiority, lies, false pride, superiority, self-doubt, and ego. The other is good. He is joy, peace, love, hope, serenity, humility, kindness, benevolence, empathy, generosity, truth, compassion, and faith. This same fight is going on inside you and inside every other person too.”

The grandson thought about it for a minute and then asked his grandfather, “Which wolf will win?”

The old chief simply replied, “The one you feed.”

Let’s replace the word evil for negative energy. Let’s replace the word good for positive energy. It’s far more accurate.

The wise Cherokee was teaching his grandson about the positive and negative energies of the spirit. The wolf you feed becomes stronger than the wolf you don’t feed until it kills the other. What the grandfather was leaving out was that one wolf cannot completely kill the other. One wolf needs the other to exist. No matter how positive or negative a spirit may be, there will still always be the other there waiting to be fed. You can’t kill one or the other; to do so kills half the soul. You can only keep it in check.

This parable beautifully illustrates how it is in our world today. As a person, a community, a country, and a world, we are feeding two wolves—two energies—until one consumes the other or almost to the point of it. Positive energy, or spiritual force, if you will, battling the negative. As I said

before, each must offset the other, but here is the trick. You need not have an equal and opposite reaction within your own world. We have an entire universe as a contextual field for that. If a world is extremely positive, then another world out there must be extremely negative. You can't have it any other way. Remember the seesaw? One won't stay up forever; it must come down eventually. The center of the seesaw demands it. The pendulum must swing back and forth. Gravity will oppose such a thing as the ball of the pendulum staying constantly one way or the other.

If we continually choose the negative, then the negative energy will increase momentum, picking up speed, until the force behind the negative no longer exists, and then the ball stops. Finally after the ball stops, it will begin to go in the opposite direction, first slowly and then gaining momentum. Gravity is the great equalizer in the pendulum just as the soul is the great equalizer in energy. Using the example of the seesaw or the pendulum, gravity becomes the soul. It's the same in the universe. Gravity is the great equalizer. Positive energy will be opposed by the negative and vice versa. Gravity keeps it balanced. Each force will have a direct impact on each other. Like gravity, the opposing forces will affect each other.

So using our soul as a reference point, and it is, we choose through our choices in life which path of energy to follow. Each force opposed to each other. We do this from the soul, through our spirit and mind, to our body, and then

back. Think of gravity as that balance for the material world. Think of the soul as the balance for the spiritual world. After the forces, which have pushed the spirit and mind as far away as it can from the soul to experience who it is, then it begins to turn around and come back. Sooner or later the forces, or positive or negative energies, moving the spirit and mind subside, and the opposing forces take over.

The soul, which is the root cause, is. The spirit feels, the mind thinks, and the body does. Be, feel, think, and do. Now that we established ourselves as a four-part rather than a three-part being, we can move on to greater things. We can first balance these positive and negative energies flowing through us and then choose the positive energy in each instance of our lives. And finally, we can achieve the Christ consciousness in our lives, which Jesus achieved. This is our final destiny, the final outcome, the real us.

Another word for the mind is *consciousness*. And consciousness can be peeled into an infinite amount of layers, from the very low and limited to the extreme highest form. The mind, like the spirit, is connected straight to the source: the soul. Its unseen, invisible, and can't be measured by material instruments. Some may interrupt me here and proclaim that the brain is the mind or that the mind is in the brain. This is false; the brain is a physical device, a tool that is a part of the fourth part of our being, the body.

Don't believe me? Think about this for a second. Your cells are, on average, about ten years old or less. Our entire

skeleton regenerates about once every ten years. In fact most of our body's cells are constantly being replaced although its DNA stays the same from the moment the cell is first created by its parent cell dividing. Now my oldest memory, the birth of my brother, is forty-seven years old. Yet if memory lives in the brain, and the oldest cell in my brain is ten years old, then how can I have a forty-seven-year-old memory in a ten-year-old cell? Therefore the memory portion must be in the mind, not the brain. The addition of new neurons to my brain may inhibit old memories of my mind, but that doesn't mean memory is in the brain. It just means it's harder for that memory to reach into the brain, a portion of my body.

The mind, as I said earlier, intertwines with the spirit. It's the memory, consciousness, and awareness part of our being. The mind uses the brain for a storehouse of data, nothing more, but the conscious mind can only remember anything in this life. The unconscious mind, on the other hand, like the spirit, remembers every life previous to this one and every future life. The mind, along with the spirit, is like an intertwining bridge to the soul. In March of 1996, I was involved in a horrific car crash that threw me from my vehicle. While on my way to the hospital in an ambulance, I had what is known as a NDE, or a near-death experience. I was hovering over my still body lying there in the gurney and wondered to myself, *If that is me, then who am I?* My lifeless body was dead, yet I remained. As if on cue to my

question, an Angel appeared who stated that his name was Samuel. He explained to me that the body that I had given life to was just a shell of myself and that I am much greater than that. He went on to explain that the body is nothing more than a vehicle, and that my *mind and spirit* gave life to that vehicle, and that when I was through with it, my spirit and mind would move on to my next incarnation. Never losing awareness of who I was but also remembering who I really am and who I will be. Not long after, I was resuscitated, and the Angel disappeared.

Awareness, knowledge, wisdom, and consciousness—that's the mind. Data, that's the brain. The more awareness and knowledge of who we are, the more positive energy your mind will emit. Awareness of who you are leads to happiness within the soul which emits positive energy. You send off energy waves within yourself and also project energy waves to those around you. You know this; you've felt people who are projecting either positive or negative energy around you. It wears you out when you are surrounded by negativity and uplifts you when people are emitting the positive.

Beginning at our soul, and flowing through our spirits and minds, our bodies generate an electromagnetic field around it known as the aura. This field has a frequency that can be measured. I'm sure in the future, if not now, there is some high-frequency energy detector that can measure a person's aura and electromagnetic field. When you are down, the frequency is lower; when happy, the frequency

is higher. Your spirit and your mind will determine the frequency of the body and the color of your aura, with the highest vibration being white and the lowest being dark.

We spoke of awareness and knowledge earlier. It's a wonderful tool. It shows us where we are at, but it can also show us where we are going if we know our past well enough. Awareness and knowledge go hand and hand together. Knowledge leads to awareness. If you don't know about something, how can you do anything about it? That's another reason for this book. We need to do something about our current situation in this world. It can't keep going on the way it is.

Once we become aware of our four-part being of soul, spirit, mind, and body, our awareness increases, and then we can do something about our present situation.

Knowledge leads to awareness, which leads to an elevation in consciousness, which leads to an increase in positive energy and creative results.

The brain is not the mind, and the mind not the brain, as I've said. The brain is a physical device used for this life only. The mind is far greater.

The Cherokee spoke of having two minds: the spirit mind and the body mind. They could slip from one to another during times of extreme circumstances such as pain. They would move from one mind to another to avoid physical pain, moving into a deeper level of consciousness

and not feeling anything physical. They would increase their consciousness until one mind entered and the other exited.

We do this when we are “put under” on the operating table. We do this when we sleep. We do this when our mind travels, and all of a sudden, we feel nothing physical.

Have you ever felt pain so extreme that at one point you don't feel it at all? That's the mind moving from one part of itself to another for protection. I knew of a man once who had such a horrific traffic accident that he fractured his neck, and he told me the pain was so extreme that all of a sudden he felt nothing at all. I'm sure men on the battlefield have felt the same thing. The Cherokee knew how to do this; we can too. I'm just using this as an illustration of the mind. It's very large indeed. Let's explore further the deeper reaches of the mind.

When a person is under hypnosis, they are capable of going deep into the mind. The conscious mind needs to shut down so the unconscious mind can be accessed.

Past life regressive hypnotherapy has done wonders for helping people to figure out what is the primary or root cause of problems they may be having. It can also show you who you were in a previous life.

For instance, if a person is afraid of the water or afraid to swim, it might be tied to a drowning in a previous life. This is something that cannot be known until they reach the deeper mind. If a person is wary of loud noises, that

might be tied to something from the previous life. Almost any fear can be traced to a previous experience.

We bring our personalities with us from life to life. They stick to you like glue, a residue from all your previous lifetimes. It's not karma, people; it's called personality of the mind and spirit.

Okay, so besides hypnotherapy, what is a good way to access the deeper mind? Meditation is one way. Clearing your conscious mind will allow you to listen to your deeper mind. The way to do that is first to empty your mind and then focus on one thing and one thing only. There are many books written on this subject. I will show you in a little while how I do that. But it's my belief that this seems to be a "whatever works for you" type of area. What works for some may not work for others.

Personally, I prefer contemplation. I like to focus on one subject and only one until I get my satisfied answer from my deeper mind. I like complete and total focus on an issue.

I was once at a baseball game, and I saw a foul ball hit into the bullpen. Now for those who aren't familiar with baseball, the bullpen is where all the relief pitchers await their turn to pitch. A starting pitcher will start the game, and when he tires, a relief pitcher will come in for him.

Well, after the foul ball was hit, the entire relief pitching corps ran to get the ball. At least five of them as I recall all took turns studying the baseball, completely focusing on every little aspect of the baseball. I'm not sure if they

did this out of boredom or whatever the reason was, but any smudge of dirt had to be analyzed completely by these five relief pitchers. Every grass stain was scrutinized. They rubbed the ball with their hands, and they broke it down to its minute core. Now that is focus; that is contemplation. They more than likely broke down every defection from every string in that baseball and every defect that the bat caused the baseball when it struck it. They went deeper. If they had a microscope, they would have studied it for hours, logging data and analysis. After going deep within themselves, and being satisfied they had the answers they were looking for, they threw the baseball into the stands for the fans.

When I'm having a problem deciding what to do, what I like to do is to break it down bit by bit analyzing every possible angle to any situation. I contemplate. I use my intuition within me. It's a form of prayer that gets left out, but I enjoy it. I've learned so much by contemplation. I open my mind to any and all possibilities. The soul, through my spirit and mind, will give me the answer I've been searching for, and then I make my decision.

I'll study a passage of scripture, then I like to "go deep" with it.

Another way to elevate the consciousness of your mind and go within is direct prayer. There are those who are able to take themselves deep within through prayer.

Our Father who art in heaven, Hallowed be thy name.
Thy kingdom come. Thy will be done in earth, as it
is in heaven. Give us this day our daily bread. And
forgive us our debts, as we forgive our debtors. And
lead us not into temptation, but deliver us from evil;
for thine is the kingdom, and the power, and the glory,
forever. Amen. (Matt. 10–13, King James Version)

The Lord's Prayer is beautiful. It covers all bases. At first, Jesus gives the authority to the father, the soul. Our source. The source of all things. The soul that we spoke of earlier. The first part of our being. The beloved soul that is in each and every one of us. That's who Jesus was praying to. He was praying to the source that lies within him: the soul. He identified his soul and its location within him. "Our father, who art in heaven, hallowed be thy name."

That's the spirit, mind, and body Jesus praying to the soul Jesus.

His next passage of this prayer tells a prophecy. "Thy kingdom come." The soul's kingdom will come; it will be done on earth as it is in heaven. Yes, the heaven that is within us will be an outward heaven of the future, of our future. That's our future, folks. The kingdom of heaven will come to earth in the future according to Jesus. That is the will of the father, or the soul. That is its intention right there in black and white. The soul just doesn't want to conceptualize heaven; it wants to experience it through us, through our bodies, which we will explore. The question

is, though, which body? Our present physical body or the spiritual one? We do have more than one. The answer is both the spiritual and physical body. The soul will flow through one and into the other. Both are a reflection of the other. They mirror each other. The physical is a reflection of the spiritual and vice versa.

Our being begins with the soul as we already discussed. Then from there it goes through the mind and spirit, intertwining together to our final destination the body. These are the four parts of our being.

He continues by asking the soul to give us what is needed for that day.

We are given just what is needed at any given time. All the tools of the source lie within us; we just have to discover them and use them appropriately. Nothing else in life is needed except that which is within us.

Forgiveness comes next—a powerful tool. We ask for it, and we give it. The more we give, the more we receive. This is a spiritual law. The more you give of something, the more you will receive that which you give. The spirit replenishes itself with energy, whether positive or negative. So be careful what you send out. If you send out anger, then it will be returned to you. If you send out love, you'll receive love in return. Look at your life, and you'll see these are great truths.

Your body will send out energy, and as it transmits it out to the universe, the soul will replenish that which you sent

and more. You'll grow in that emotion. It's like a muscle; the more you use this emotion, the stronger it becomes, whether positive or negative.

Using our water system as the example, the reservoir will continually replace the water you use. The soul will continue to replenish as it is sent out via the spirit and mind to the body. That's good information to know.

"Deliver us from evil." In other words, deliver us from concentrated negative energies. And yes, it does exist. Need a few examples of this? Adolph Hitler for one. Genghis Khan for another. The institution of slavery and bondage. The Bible uses the being Satan as an example of the ultimate concentration of negative energy. Jesus asks the soul to deliver us from this energy.

Those examples are overt concentrated negative energies. There are also far more subtle covert negative energies that exist, especially those within us like doubt, worry, falsehoods, and guilt. But we will get into those in a while. Just stick with me here; we need to always resist the negative or it will seep into our spirit and cause nothing short of complete destruction by the time it is through with us. A firecracker can turn into a nuclear bomb if left unchecked and allowed to flourish.

It begins as something small and subtle—a resentment, for instance. You send for this energy to the universe, and while you do this, more builds within you. The soul will automatically replace the energy you put forth. But the

problem is that it gives you a little bit more than what you had previously. So beware of your feelings, thoughts, and words. What you send out, that will you receive within you.

Did you catch that bit of information? That what you send out from the spirit and mind to the body will be replenished. But a little bit more is added! So be careful of what you transmit to the universe. It will give you what you send. As the saying goes, “As you give, so shall you receive.”

The Body

Do you not know that you are the temple of God
and that the Spirit of God dwells in you?

—1 Corinthians 3:16

Ah yes, the body, the vessel of matter, which without it, none of this is possible. There has to be a final stopping point, the final destination, and that is the body. The universe is the body of God, or the soul. Beginning with the soul, through the spirit and mind, it reaches the body. Thus, the flow of God or soul is to me, you, and all of us. Therefore, as Thomas wrote, the kingdom of heaven is within you and without you. It's everywhere. It's called the soul. Our state of divinity in its purest form. Isn't that wonderful news?

We've all been taught that we have five senses in our physical body:

Sight is the capability of the eyes to focus and detect images of visible light on photoreceptors in the retina of

each eye that generates electrical nerve impulses for varying colors, hues, and brightness.

Hearing is the sense of sound perception. It's all about vibration. Receptors turn motion into electrical nerve pulses, which are located in the inner ear. Sound is vibrations through the air. The detection of these vibrations are conducted from the eardrum through a series of small bones to tiny fibers within a range generally of twenty to twenty thousand cycles per second, depending on the person.

Taste refers to the capability to detect the differences in food and minerals. Taste can be broken down to sweet, bitter, sour, salty, and umami (delicious). Taste should not be confused with flavor as flavor uses both taste and smell.

Smell is a chemical sense. There are hundreds of receptors binding to a particular molecular feature. Certain odor molecules possess a wide variety of features and excite receptors more or less strongly. The combination of these receptors make up what we perceive as a certain smell.

Touch is a perception resulting from activation of neuron receptors in the skin, including hair follicles, and also in the tongue, throat, and mucosa. Pressure receptors respond to variations in pressure as strong, a brushing by, or constant.

Other senses include balance, temperature, pain, and a kinesthetic state, which is similar to perception.

We also have a spiritual body, and each of these senses are far more enhanced than our physical ones. The closer

our spirit is to our source, the soul, the greater these senses become. Your sight becomes farseeing into the future, your hearing, taste, smell, and touch becomes extremely magnified, and you can tune into messages given you from the deeper parts of your spirit—the part of the spirit connected to the soul.

If you have two of something in the physical, you have another far more powerful in the spiritual. This is from my own personal knowledge given to me by the Angels Samuel, Thomas, and Elizabeth.

You have two eyes to see in the physical. You have another eye in the spiritual. You have two ears to hear in the physical and another ear in the spiritual. Two hands to touch in the physical and another hand in the spiritual. Two nostrils to smell in the physical and another nostril in the spiritual. You get the picture. The inward center sense creates the outward physical sense.

The only exception to this are the taste buds. Thousands of buds are located on your tongue. But these can be separated into the right and the left buds, and one in the middle for the spiritual body.

Your third eye is located directly above and in between your two physical eyes at the center of your forehead. Connecting the three will create an equilateral triangle, with each angle at sixty degrees. Connecting the three will give you complete vision of that which is in front of you and beyond.

Your third eye is associated with visions, clairvoyance, intuition, seeing energy and auras, and allowing you to see beyond the physical. Prophets have a very powerful and highly developed third eye.

Your third ear is located between the ears at the lump in the back of the skull. Connecting the three will create an equilateral triangle with each angle at sixty degrees.

Your third ear is associated with listening to the sounds of frequencies you cannot hear with your other two ears. It's also hearing the thoughts of others—reading other people's minds. Hearing messages from beyond will travel through your third ear. Connecting the three will give you complete and total hearing of that which is in front of you and beyond.

Your third hand is located above and between your other two in your stomach region. Connecting the three will create an equilateral triangle with each angle at sixty degrees.

Your third hand, like your other two, refer to touch but at a much deeper level. When Jesus was healing the sick and raising the dead, he was exercising a strong third hand. He had the ability to cast out demons with his third hand. Connecting the three hands will give you a sense of feel for that which is in front of you and beyond.

Your third nostril is located is located above and between your other two. Connecting the three will create an equilateral triangle with each angle at sixty degrees.

Your third nostril is the heightened sense of smell. It is intuition, when something smells “fishy.” You just know whether something is or isn’t right. You can “sniff” out a situation. This is the purpose of your third nostril. Connecting the three will give you a sense of smell for that which is in front of you and beyond. You’ll be able to avoid danger by exercising your three nostrils (“This just doesn’t smell right.”).

Your physical taste buds are located on your tongue; your spiritual taste buds are located also at the tip of the tongue. Connecting the buds will create an equilateral triangle with each angle at sixty degrees.

A heightened taste of something will let you know whether what you eat is good for your body (“Something just doesn’t taste right.”). You go to the produce store, and you raise your hand a few inches above the product and feel what your body needs. Connecting the three will give you a heightened sense of taste. You’ll know whether or not something is good for you or not.

An entire book can be written on the spiritual senses, but for now that is all that is needed for this material.

While we are on the subject of the body, there are seven energy centers called chakras. These are the centers where energy flows from the soul, into spirit and mind, and into the body and back. The name derives from the Sanskrit word for *wheel* or *turning*, but in the yogic context, a better translation of the word is “vortex” or “whirlpool.”

These energy centers are constantly rotating and circulating.

There are many books on the subject of chakras. I won't go into too much detail here about them here and am just going to tell you their names and where they are all located within your physical body plus a brief description.

The root chakra is located at the base of the spine. Its color is red. The root chakra deals with issues of survival, financial, food, and daily matters, which concern us. It represents our foundation and about feeling secure in this world. The primary emotion stemming from the root chakra is fear.

The sacral chakra is located in the lower abdomen, about two inches below the navel and two inches in. Its color is orange. The sacral chakra deals with abundance, well-being, pleasure, and sexuality. We've moved past the emotion of fear; now we move into power.

The solar plexus chakra is located in the upper abdomen in the stomach area, the same area where your third hand is located. Its color is yellow. The solar plexus chakra deals with issues of self-worth, self-confidence, and self-esteem. You've moved past the issues of fear and the illusion of outward power; now you move into peace.

The heart chakra is located at the center of the chest just above the heart. Its color is green. The heart chakra deals with issues of love, joy, and happiness. You've moved

past fear, outward power, peace, and now you enter into happiness. You now move into the realm of intention.

The throat chakra is located at the throat. Its color is blue. The throat chakra deals with communication, expression of feelings, and the truth. We've moved past fear, outward power, peace, joy, and we now move into creation.

The third-eye chakra is located above and between your other two eyes. It's located at the same place where your powerful third eye is. Its color is purple. The third-eye chakra is strictly about farseeing vision and imagination. We've gone past fear, outward power, peace, happiness, intention, and creation and moved into the realm of saintliness, visions, dreams, and prophecy—an extremely mystical world.

The crown chakra is located at the very top of the head. Its color is white. Your crown chakra is being fully connected from the spirit and mind to the soul. This is inner and outer beauty—bliss. We've moved past fear, outward power, peace, intention, creation, visions, and now we move into godliness. This is where Jesus resided.

As I said earlier, there are many books written on the subject of chakras. I've barely scratched the surface here.

These are the seven spiritual energy centers of the body. Activating them one by one will increase your spiritual awareness. It will increase the frequency and vibration of your body. *Wheels of Life* by Anodea Judith, PhD, is an

excellent book if one wishes to explore further into the area of chakras or energy centers of the body.

Chakras are where spiritual energy gets converted into the physical through a vortex. Your energy will enter into the physical in one of these seven energy centers. The higher state of mind you are in, the higher the chakra being used. Each chakra has its own color. It's the same as the rainbow, from the lowest chakra in your body being red to the highest being white. By going within and focusing on a certain chakra, you can increase the energy of that area. The soul, through the spirit, sends its energy through the vortex of that chakra and into your body, raising the level of that chakra. A whole book can be written on this subject. I'm not going to do that here.

The deeper you delve into your spiritual person through meditation, contemplation, or prayer, the more powerful your third senses becomes. They are like muscles; you need to develop them. They are there, they have always been there, but if they are ignored, they become small. We need to trust and focus on them in order for them to grow and become quite useful in our lives.

There are many people around the world today who have highly developed third senses. They can see with their eyes, hear with their ears, smell with their nostrils, touch with their hands, and taste with their tongue. They see, hear, smell, taste, and touch things in the spiritual realm that aren't possible to in the material. This comes to some

naturally from a previous life, but it can also be developed if you are one of those who do not presently have these heightened senses. Here is a way you can develop them.

Begin first by closing your two physical eyes. The spiritual third eye won't open unless the other two are closed. The focus needs to be inward rather than outward.

Make sure that you are in a quiet space where there will be no interruptions.

So close your eyes, and begin to breathe deeply at a slow pace. Settle yourself, let the thoughts and cares of the world slip by. Let them all pass one by one as you begin to focus on nothing. Make it a blank screen in your mind—total and complete blackness. Any thought or idea that happens to pop inside your head needs to be released. Slowly let them go, one by one. Clear and total concentration is what is needed now. In the beginning, you'll be literally attacked by the cares of this world. Let them pass. This takes practice, but it can be achieved.

Now focus further and go deeper and deeper within yourself, peeling away one level of consciousness after another. Lose yourself in this process of nothingness. Keep focusing until your entire field of view is that of blackness.

Now after you've achieved nothingness in your third eye, place an object there such as a candle. Watch it flicker for a while. Pick any color of candle you desire; I prefer white.

After much practice, and many sessions, a bluish-white light will appear at the base of the candle. Its color is what

you see at the bottom of the flame of a candle, except this will seem brighter than usual, much brighter.

Now release the candle but keep the bluish-white light in your field of view.

At first, this light will dance around within your field of vision, a tiny light moving from here to there, to and fro. This light will continue to dance and be difficult to control at first.

It will take a tremendous amount of focus and concentration to control this bluish-white light. Hard to grasp a hold of. Difficult to contain, but it can be achieved with enough practice and effort.

Focus on this light, going deeper.

Now enlarge it. Don't lose your grasp of it; it's quite slippery. Elusive in its aspects. It is completely free and doesn't like any sort of control over it. This will take a massive amount of effort.

Increase its size until your entire inner field of vision becomes this light. This will take plenty of practice, but stick with it; the rewards are enormous. Stay with it; don't let this slip away from you.

Now this may take many sessions and hours of practice to get to this point, but it is achievable. But keep this light in your inner field of view. Expand it to encompass your entire field of vision, from darkness to light, and then move yourself beyond the light.

Once you've achieved this, and all that you can now see is a brilliant white light with blue edges, simply step into it. Move into this field of brilliant light until your body's frequency begins to increase. You'll feel your toes and fingertips tingle. The top of your head will seem like it just opened up. From this point onward you'll begin to see visions in the field. Anything will be possible. The frequency of your physical body will continue to rise, each energy center or chakra at first energizing and then elevating until it matches the frequency of your spiritual body. Once that happens, you become in tune with your spiritual senses.

Everything feels lighter. You have just had a taste of the divine. You've just connected yourself to your soul. Each time you practice this, your senses will become heightened. I promise you.

Once this is achieved, then you've now become a complete and total four-part being. You've just had yourself a taste of Christ consciousness. When you are in this state of mind, all things are possible.

Jesus was able to remain in this state. We are all capable of achieving this; it's built within us. It is us.

When we are able to achieve this, we will be able to feed the five thousand with fishes and loaves. The more often we practice this, the easier it will become to reach this state.

This is just one tool for raising our consciousness and awareness. There are many. Find what works for you and go with it. Sooner or later in our existence, we will all be able

to go within and reach Christ consciousness at any point in time in our existence. Then we will all be able to walk on water, heal the sick, raise the dead, and become what we were originally intended to be: sons and daughters of the living God, or soul.

Jesus was able to enter this state of being at any time. He was what you'd call a pro at this. We are still beginners or amateurs.

But practice makes perfect, and be ye therefore perfect just as our father in heaven, or our soul, is perfect.

Our final state of being will be this. Isn't that wonderful news? This is our destination. It's who we truly are. Once we are a completed four-part being, then anything is possible. The prospects for all of us are extremely exciting.

The Prayer Formula

But you, when you pray, go into your room, and when you have shut your door, pray to your Father who is in the secret place; and your Father who sees in secret will reward you openly.

—Matthew 6:6 (NKJV)

$$F = R \times P$$

$$R = F / P$$

$$P = F / R$$

$$F = \text{Faith}$$

$$R = \text{Resistance}$$

$$P = \text{Probability}$$

*measured in percentages

Look at these equations for a minute.

If you desire an intended result of something, be it healing, success, love in your life, or whatever you are praying about, the amount of faith needed will depend on the amount of resistance. The higher the resistance, the

higher the faith needed to overcome that resistance. This is my own formula given to me by aforementioned sources of the Angels Samuel, Thomas, and Elizabeth. I asked them if this formula was true, and they verified to me that yes it is, and it is a scientific formula.

So now we ask, “What is faith? What is resistance?”

Let’s begin with faith. Faith is the belief in things unseen, such as the soul, spirit, and mind. It is belief in God, the angels (which are nothing more than spiritual beings), and anything that you can’t prove in the material realm but you believe in. That’s faith in a nutshell. Faith can be also called positive energy of the soul.

Jesus replied, “Because you have so little faith. Truly I tell you, if you have faith as small as a mustard seed, you can say to this mountain, ‘Move from here to there,’ and it will move. Nothing will be impossible for you.” (Matt. 17:20, New International Version)

The problem with us humans is we don’t believe in ourselves. The soul can never disconnect itself from us, but we can ignore the soul and end up with the same results. The soul is always there, standing and the door knocking. The question is, will we answer?

It’s not our fault; we’ve been taught otherwise. We haven’t been taught that there is an all-powerful soul within every one of us, a soul so powerful that it can overcome any form of resistance both within and without.

Now didn't I just say that there is only one soul? So how can all of us have a soul? That soul I'm talking about is called the Holy Spirit within each of us. That's the part of the soul that is connective to each of us. Every one of us has it. If we didn't, our heart wouldn't be beating and our lungs wouldn't be breathing. It's the breath of life. And every living thing has it.

Let's get back to that all important formula we have. Let's put in numbers for an example.

If our faith or belief is at 20% and our resistance is at 5%, and we take faith divided by resistance, then our probability is at 4%. There is a 4% chance of your prayer being answered right away. It's going to take some time. Even though our resistance is low, our faith is low, so it needs to increase.

So if we increase our faith to 50%, and our resistance is the same, then the probability will increase to 10% of that prayer or intended result happening in a timely fashion. See how it works? But that is still very low.

Increase the faith to 100%, decrease the resistance to 1%, and there is a 100% chance of that prayer being answered instantly. Hooray!

Set our faith at 100%, but the resistance is at 10%, then you have a 10% chance of your prayer answered right away. Decrease that resistance to 1%, and you'll have it.

Faith is what is needed for prayer. When you pray for something, believe that it will happen. Move beyond belief and know that it will happen, and the speed of your prayer

will happen a lot faster. You've got to increase the faith and decrease the resistance in order for your intended results to happen in a speedy manner.

This can also be called the formula for creation. The soul, which created all things, has 100% faith and 0% resistance, thereby creating all things. The soul knows it has all the power in the universe at its fingertips and therefore uses the same formula we do.

Faith is positive energy at our fingertips; resistance is negative.

This is the same formula that Jesus used; it's the same one we use. It remains and will remain until the end of time. It's a spiritual mathematical formula—a spiritual law. It's unbending and unchanging. As far as I know, it's the first mathematical formula of prayer. It's the best way to describe why things happen, because of faith, resistance, and intended results. That's why things are the way they are today.

This same formula is used in electricity. Faith is voltage, resistance is resistance, and probability, the speed that your prayer is answered, is amperage. It's also used in water pressure systems. The problem in this world is lack of faith and too much resistance. Our faith is lacking because we don't have knowledge of who we truly are. We've been deceived. There are those who, because of outward power and corruption, have successfully taken our inward power from us. They've increased the resistance and taken our true

faith in ourselves away, therefore our prayers go unanswered. We keep searching for some outward power to solve all our problems for us when the solutions have always lied within.

We are living Gods who have been lied to; therefore, we didn't know we are living Gods and then in turn didn't act like living Gods. Deception can be quite a powerful tool of negative resistance. It's kept us from being who we truly are. Kept us from our potential. But this won't last forever. We will not be able to contain our true nature; the spirit can only be choked for so long.

So let us break down this matter of faith, probability, and resistance.

Faith is positive energy. It can be increased by love, hope, knowledge, and many other positive spiritual attributes. Knowing that God, or the soul, is within you and has infinite power greatly increases your faith. This is why I took the time to explain that to you earlier. Yes, that's correct, we all have an infinite amount of power within us. The problem is up until now we didn't realize this. We've been lied to and told we didn't. Told that we were lacking and needed an advocate to reach our source. We've been taught that we are far less than what we actually are.

Our teachers either didn't understand, or they did and decided to keep the power unto themselves. That is where knowledge of who and what we are is truly important. It's extremely important. Without this, our speed of our intended results decreases dramatically.

Know that the soul is within you. It's everywhere in the universe; therefore, it must be in you as well. And thankfully, it's in me too. This is our birthright. It has been since the beginning. But because of negative energy, our eyes have been shut to the truth. And this is what is meant when Jesus said:

And you shall know the truth, and the truth shall make you free. (John 8:32, NKJV)

Doubt, worry, guilt, and fear are the main forms of resistance. These must be removed for you to have your intended results. They increase negative energy and decrease the speed of your prayer. They increase resistance in our handy-dandy little formula. Let's see how we can work on that.

First, we need to know what resistance is. Fear, doubt, worry, and guilt are four forms of resistance. This resistance can come from within and without. The same goes with positive energy. It can come from others too, those who are close to you especially. It's not as strong as what is within you, yet it's still there. So be aware of resistance from within and without. Awareness is vital in recognizing it, knowing where negative energy lies. So shield yourself with positive energy to combat that.

If you don't agree with the group that surrounds you, then you are far better off leaving that group and finding another. That includes your place of worship. They will try

to pressure you to give up your newfound beliefs and keep you in bondage.

On the other hand, you can increase your faith by being around positive beings of energy. Group consciousness is a way to greatly increase your faith and your results. You literally sponge off of their positive energy, and naturally, you'll feel better about yourself by being around like-minded individuals.

You can increase your odds by having others pray with you. Hold hands with that person, connect your positive energies to the point where your aura merges with each other, bow your heads, go within, and be of one mind in your prayers. Speak the prayer together, and both your faiths will be added unto each other. Do this with more people, and your percentage continues to rise.

Now when I say be of one mind, that means don't let your mind be distracted on anything else but your prayer. Don't drift off into space, or the energy will be sent there. Go within and stay there. Concentrate, focus, and enter the deeper levels of your existence when you pray, and your results will improve. If you continue to practice the form of meditation that I spoke of earlier, then prayer becomes far easier. Slip into that higher state of being before you prayer, and your results will increase in a drastic fashion.

Believe first in yourself, then believe in others. They have the same God-given power within them that you do. All of us do, even those that currently oppose us. So inform them

what they are capable of, and then resistance around you will decrease.

You learn the truth that the kingdom of heaven is within you, and so the next natural step is to tell others, like the sower of seeds. You meet all types of resistance from those who don't understand or they do but reject the truth. This increased resistance from without can harm you and your faith. Knock the dust off your shoes and leave it. Don't try to persuade them. Tell them the truth once and then move on to the next. You'll hit a wall of resistance if you remain.

People are very resistance to change the status quo. Some people's beliefs are etched in stone, very slow to change. They've built up a wall around themselves that makes it very difficult for any new information to seep through.

The key here is the truth about who we are: sons and daughters of the living God. How can I say this? It's easy. The soul is in all of us. God's soul is in every one of us; it can be no other way, or we wouldn't exist.

Therefore, knowledge comes into play. And that is what this book is all about. That is its intended purpose. So that we all can realize that we all have the power within us to overcome all obstacles of resistance in our lives through knowing who we truly are. This will increase our faith, which will increase our power of prayer. Ultimately, our faith will become like Jesus, and we will be able to increase probability to 100% no matter what the resistance is, therefore making our intended results instantaneous.

Turning water into wine. Or moving a mountain with the faith of a mustard seed.

Now in the fourth watch of the night Jesus went to them, walking on the sea. And when the disciples saw him walking on the sea, they were troubled, saying, "It is a ghost!" And they cried out for fear. But immediately Jesus spoke to them saying, "Be of good cheer! It is I; do not be afraid." And Peter answered him and said, "Lord, if it is you, command me to come to you on the water." So he said, "Come." And when Peter had come down on the boat, he walked on the water to go to Jesus. But when he saw that the wind was boisterous, he was afraid; and beginning to sink he cried out, saying, "Lord save me!" And immediately Jesus stretched out his hand and caught him, and said to him, "O you of little faith, why did you doubt?" (Matt. 14:25–31, NKJV)

By doubting, Peter had increased his resistance and lowered his faith until he sank into the water, a beautiful example of the faith formula. At first, because of his belief in the power of Jesus, his faith was great enough to walk on water, but in the end, his resistance was greater than his faith.

If your prayers aren't working for you today, then look at your resistance and decrease it. Increase your faith, decrease your resistance, and your prayers will be answered—all of them.

Let's look at some examples of answered prayer using our prayer formula.

Now a certain woman had a flow of blood for twelve years, and had suffered many things from many physicians. She had spent all that she had and was no better, but rather grew worse. When she heard about Jesus, she came behind him in the crowd and touched his garment. For she said, "Only I may touch his clothes, I shall be made well." Immediately the fountain of her blood was dried up, and she felt in her body that she was healed of the affliction. And Jesus, immediately knowing in himself that power had gone out of him, turned around in the crowd and said, "Who touched my clothes?" But his disciples said to him, "You see the multitude thronging you, and you say, 'Who touched me?'" And he looked around to see her who had this thing. But the woman, fearing and trembling, knowing what had happened to her, came and fell down before him and told him the whole truth. And he said to her, "Daughter, your faith has made you well. Go in peace, and be healed of your affliction." (Mark 5:25–34 NKJV)

This is a wonderful story of faith. She believed that Jesus had the power to heal her. Her faith was so great that she was one hundred percent confident in his power to heal. Therefore, she was healed immediately. Now that is great faith. She had no doubt, no resistance whatsoever, in our formula. Let's look at another:

Then it happened, as he was coming near Jericho, that a certain blind man sat by the road begging. And hearing a multitude passing by, he asked what it meant. So they told him that Jesus of Nazareth was passing by. And he cried out saying, "Jesus, Son of David, have mercy on me!" Then those who went before warned him that he should be quiet; but he cried out all the more, "Son of David, have mercy on me!" So Jesus stood still and commanded him to be brought to him. And when he had come near, he asked him, saying, "What do you want me to do for you?" He said, "Lord, that I may receive my sight." Then Jesus said to him, "Receive your sight; your faith has made you well." (Luke 18:35–42, NKJV)

Once again it was faith that healed the man. Complete, total, one-hundred-percent faith will answer any prayer. It will heal any affliction. But it needs to be total. It needs to be complete. Oh, any prayer can be answered, but if you want it done immediately, you had better have complete and total faith. Also notice that Jesus asked what the man wanted him to do. This is very important because the soul will not violate your free will. Neither would Jesus. So before any miracle of faith was performed, he asked the man what his will was.

God will not violate your free will. It's a gift that will not be violated by the source, Jesus, or the angels of heaven. It's law number one in the spiritual realm. The soul will not force you to come to it; you must do it willingly.

Let's look at who Jesus said had the greatest faith in all Israel:

Now when he concluded all his sayings in the hearing of the people, he entered Capernaum. And a certain centurion's servant, who was dear to him, was sick and ready to die. So when he heard about Jesus, he sent elders of the Jews to him, pleading with him to come and heal his servant. And when they begged him earnestly, saying that the one for whom he should do this was deserving, "for he loves our nation, and has built us a synagogue." Then Jesus went with them. And when he was already not far from the house, the centurion sent friends to him, saying to him "Lord, do not trouble yourself, for I am not worthy that you should enter under my roof. Therefore I did not even think myself worthy to come to you. But say the word, and my servant will be healed. For I also am a man placed under authority, having soldiers under me. And I say to one, 'Go,' and he goes; and to another, 'Come,' and he comes; and to my servant, 'Do this,' and he does it," When Jesus heard these things, he marveled at him, and turned around and said to the crowd that followed him, "I say to you, I have not found such great faith, not even in Israel!" And those who were sent, returning to the house, found the servant well who had been sick. (Luke 7:1-10, NKJV)

Faith is a wonderful thing. It accomplishes perfect prayer, or our intended results, but it must be complete and total.

Elevated consciousness means increased faith. It increases the numbers for you and increases the percentage of your prayers coming true.

Another way to look at this equation is that faith is positive energy, and resistance is negative. Increase the positive energy, decrease the negative, and you will be a happy person. So how do we do that? Let's find out.

Resistance

For I will give you a mouth and wisdom which all
your adversaries will not be able to resist.

—Luke 21:15 (NKJV)

There are many variables involved here on the positive, or faith side, and negative, or resistant side. The Cherokee grandfather listed quite a few. Let's use mine instead. Notice there are twelve positive and twelve negative.

On the positive side, we have:

1. Faith
2. Peace
3. Forgiveness
4. Humility
5. Truth
6. Compassion
7. Empathy

8. Hope
9. Joy
10. Generosity
11. Kindness
12. Serenity

On the negative side, we have:

1. Anger
2. Envy
3. Fear
4. Guilt
5. Deception
6. Doubt
7. Sorrow
8. Arrogance
9. Regret
10. Worry
11. Greed
12. Self-pity

All these are emotions, traits of the spirit. They are energy. It's energy you put forth to the universe and

announce, “This is who I am. This is whom I choose to be, at least at this moment, subject to change.”

Twelve on the positive side and twelve on the negative side. We’ve got our work cut out for us. If we desire to live the life we want to live on our terms, then we better reduce the negative and increase the positive. The formula works much better that way. You can have quite a few positive traits, but if you have much negative, then those two wolves spoken about will continue in an eternal fight together, each tearing each other apart. You’ve got to increase one side and decrease the other, and you’ll be able to create whatever life you choose to live.

Negative Emotions

Anger

Let's begin with anger and how to reduce this. Anger is an emotion everyone experiences. Even Jesus was angry when he threw out the money changers in the temple of Jerusalem. Angry at the priests, calling them the "blind leading the blind." Yes, there is such a thing as righteous anger. Anger is a natural emotion for all of us, though left unchecked, it can cause rage. But the problem with anger is that you'll never have a clear mind and a peaceful spirit as long as you are angry over something. Anger can be quite destructive as well, tearing down everything you've ever built in your life in a matter of seconds. One second of anger, one lifetime of regret. But anger is like a purge valve; it needs to be released. Too much pressure will cause the whole system to blow, so a relief is needed from time to time.

The best way I have found to release it is to go somewhere with nature. I'm fortunate enough to live in an area that has

a lot of woods. Therefore, I will go for a walk in the woods, and releasing my anger seems to come naturally when I am surrounded by such beauty. It's hard to stay angry that way. Trees are just that: trees. Look at them and study them with the source revealing all its secrets. You'll find they are perfect life-forms with spirit. Surround yourself by the spirit of the trees, and soon you'll forget about the injustice of the world, and by the time you get home, the anger is released. Job well done. Oh, and by the way, it doesn't hurt to offer up some forgiveness while you're out there with whomever or whatever you perceive to cause your original anger. By the time you do this, your anger is gone. If it isn't completely gone, at least it is diminished along with your resistance or negative energy.

Anger is also a lack of understanding and remembrance. Even though we perceive to have been wronged, we forget they are our brothers and sisters just finding their own paths. Some may be in a state of extreme low consciousness. Step away, forgive, and move on.

Next up to bat is envy.

Envy

Envy is looking at the neighbor's Corvette and saying, "Hey, I want that." It's also looking at your neighbor's wife, their dog, house, or any possessions they may have that you think you need to acquire in order to find happiness, joy, or peace. That's correct; envy is lack of peace. It's lacking

whatever you perceive in this game we call life. It's getting lost in the illusion.

Most of the time its envy or something we have absolutely no control over. It's like being envious of Shaquille O'Neal for being tall when I'm just five foot eight. Its saying, "I wish I could be that." How do we combat envy? It's simple.

First, know that we are all eternal life spirits having ourselves an experience for the benefit of the soul. This entire universe is an illusion created for us so that we can experience who we are at this level of our being. We are much greater. Always keep that in mind in any situation that may arrive in the future.

Second—and I'm quite sure the reader is looking for something at a more practical level to use in the here and now—what you perceive to be lacking, you have. You already have it. Here's an example.

You may see someone who is very happy. Someone who seems as though they are at peace, and you've just had yourselves a bad day. Someone who is head over heels in love with another and you haven't tasted love in years. And you wonder how they got to be that way, when you are quite stuck in a rut. Well, here is the eternal secret and it works not only for envy, but it works for any other negative emotion. What you desire, give away. You're probably thinking that I've lost my marbles when I make a statement like that. It's true though, if you want to be happy, cause another to be happy and it will show you that you've had

happiness inside you all along. And then awareness will set in, and you realize that you are a storehouse for happiness and you can give this away at any time in your existence. You've always had it, you just didn't know it. It's an amazing revelation discovering something within you that you hadn't before. A eureka moment in life when that happens. If you desire love, then love another, and cause another to feel loved. Hope, then cause another to have it and you'll be cured of your envy. This formula also works for many other negative emotions.

Life is like a water pump. Whatever energy you set forth will be replenished within you. If you send out into the universe the energy called love to others, then your spirit will refill with love. Ah, but there is more to it than that. Jesus had a wonderful parable in regards to this;

For the kingdom of heaven is like a man traveling to a far country, who called his own servants and delivered his goods to them. And to one he gave five talents, to another two, and to another one, to each according to his own ability; and immediately he went on a journey. Then he who had received the five talents went and traded with them, and made another five talents. And likewise he who had received two gained two more also. But he who had received one went and dug in the ground, and hid his lord's money. After a long time the lord of those servants came and settled accounts with them. So he who had received five talents came and brought five other talents, saying,

‘Lord, you delivered to me five talents; look, I have gained five more talents besides them.’ His lord said to him, ‘Well done, good and faithful servant; you were faithful over a few things, I will make you ruler over many things. Enter into the joy of your lord.’ He also who had received two talents came and said, ‘Lord, you delivered to me two talents; look, I have gained two more talents besides them.’ His lord said to him, ‘Well done, good and faithful servant; you have been faithful over a few things, I will make you ruler over many things. Enter into the joy of your lord.’ Then he who had received the one talent came and said, ‘Lord, I knew you to be a hard man, reaping where you have not sown, and gathering where you have not scattered seed. And I was afraid, and went and hid your talent in the ground. Look, there you have what is yours.’ But his lord answered and said to him, ‘You wicked and lazy servant, you knew that I reap where I have not sown, and gather where I have not scattered seed. So you ought to have deposited my money with the bankers, and at my coming I would have received back my own with interest. Therefore take the talent from him, and give it to him who has ten talents. **For to everyone who has, more will be given, and he will have abundance;** but from him who does not have, even what he has will be taken away. And cast the unprofitable servant into the outer darkness. There will be weeping and gnashing of teeth.’ (Matt. 25:14–30, NKJV, emphasis added)

Jesus used talent as the example in this parable. A talent was a form of currency in those times. But you can substitute talent for any emotion in this as well. Any positive or negative energy can be substituted in this wonderful parable. Therefore when you send forth love, the soul, or God, will replenish you. According to Jesus, it seems to double. He was a very wise man, so who am I to disagree with him? It's like that water pump with the flow turned all the way up. If you want positive energy, then give it away. Sounds simple, doesn't it? As you send, so shall you receive.

Oh, this next one here is a biggie. It is the root cause of negative energy. Every other negative energy that exists can trace itself back to fear.

Fear

The original fear in our existence is when our spirit first perceived separation from its source, the soul. There we all were, encompassed in the love of the soul, when the next thing our spirit and mind know is that we no longer are one. Let me explain.

Let's use the example of light as pure energy of the soul. It's nothing but light. Light is all there is. But the soul didn't know what light was because there was no reference to compare light with. Therefore the spirits had to leave the soul and enter into the darkness to give it something to compare itself to.

Another example: when you are in love, it's a wonderful feeling. But when you are in love forever, you forget what love is. You've forgotten what it is like to not be in love, so you lose sight of all the qualities of love. You know of nothing else. Therefore you leave love in order to come back to love and rediscover what love really is. If you are constantly in some mode or another, you forget what it really is. You step out of something in order to once again return to it so you can once again experience what that is.

Therefore we all left the light, or love, or the soul, to once again discover what it really is. So we had to experience love's counterpart, and that, my friends, is fear. And that reason is why when we fall in love our first emotion is to fear losing that newfound love. We've experienced losing love in the beginning and never gotten ourselves away from that feeling. It's a difficult feeling to shed, losing love. And that created the original fear.

From that feeling, all other fears came into play. The fear of losing something is the biggest fear. Losing a job, husband, possessions; the list is endless. Along with that, you have the fear of an outcome, the fear of losing control of something, and the fear of anything. Fear begins to dominate, which leads to all other negative emotions. Fear is the root negative emotion. It was with us in the beginning. Fear is number one in negative energy. It will keep you from achieving anything in life. But there is a way to overcome this.

There is a way to defeat fear. The first thing we must do is to take a certain situation that currently has fear in it and know that we are all eternal. No harm can come to our spirits. Once the spirit and mind are done with this body we return back to our original source, the soul.

Now that we've remembered that we are all eternal, the next step is also remember that this life and every other life we have lived, are living now, and will continue to live in the future is a holographic illusion based on time and space. It's not real. None of it is. So whatever we perceive to be real isn't. Whatever fear is facing us is nonsense. Always remember this: nothing is as it seems.

We made an agreement with the source when we left it that our memories would be erased every time we took on a new body. Our deeper mind—our spirit mind—remembers, but our body mind doesn't. Or more accurately, our mind remembers, but our brain, which is just a huge data processor for this life and this life only, doesn't.

It's all about perception. It's not real.

So it's much easier to face fear when you know it isn't real. And there is the next step: to face it and overcome it.

We go to a job interview. We don't know the outcome, so automatically there is fear. Anxiety and nervousness both come from fear. We face it as we pretend to be confident during the interview process and make it through it. Overcoming our fear and suddenly, miraculously, the fear is gone. The truth is, it never existed in the first place. We

put it there because we didn't know the outcome. We blew things way out of proportion. We probably lost sleep over it the night before.

Finally, the way to overcome fear is to love. Love overcomes every other emotion. It is the original emotion spawned from the source. In reality, love is all there really is out there. Then love gave birth to everything else just as the soul gave birth to all that is, both negative and positive.

See the perceived fear for what it is, an illusion, and then love the process of it. Remember who you truly are, and the fear will disappear and so will the resistance in our formula we've created. Faith goes up, resistance goes down, and the chance of any intended results goes up with it.

Guilt

Another emotion which causes massive amounts of negative energy or resistance is *guilt*. This particular energy will shrink your spirit to the point where no positive energy can come through from the soul. Guilt is the great roadblock. It tells you that you aren't worthy of any blessings from the source. It's the root emotion for regret, inferiority, and doubt. Left unchecked, it will lead to depression and possible suicide. Many people on this planet live in guilt; therefore, it needs to be rectified. We can't continue down this path of guilt. It can only lead to destruction.

So how do we combat guilt? Forgiveness is the key.

Forgiveness is easy to say but hard to do, especially with ourselves. It's much easier to forgive another but far more difficult to forgive ourselves.

Let's begin with the word *sin*. It is ingrained in our mindset that sin is evil and dark. We live in a society where many people have been taught that we are sinful in nature. That basically we are evil beings searching for redemption. And that the only answer to our sinful nature is to trust in the Lord Jesus. This is a grave error perpetrated on us by a church, which seeks to keep our power unto itself. If they can convince us that we are sinful and the only way to remove that is by going to church and doing what they tell us to be saved, then they have our power that was given to us from the source. Therefore, it make us feel guilty, and makes us think that they are the only beings allowed to remove that guilt. And that, my friends, is why our society is such a mess. Oh, and don't forget to tithe that ten percent!

Let me explain further.

Each and every one of us in the beginning comes from the original source, the soul. The power of the soul lies within us all. The soul is what is known as the "kingdom of heaven." The soul split into spirit, mind, and body to know itself. Each one of us spirits has this soul within us. All the power of the universe is ours. There can be no other way.

Now if a different belief system comes along and convinces us otherwise, that we aren't the soul and that we need to go to them in order to retrieve it, then they have

taken our original source away from us. That must end in order for us to move forward in our discovery of ourselves.

Back to guilt. Remove the word *sin* and replace it with the word *error*, and everything changes. What that does is it removes the judgment of sin. When we “lived” under this illusion of sin, it took our power from us. When we live under error instead, well then, it isn’t so terrible, and it’s far much easier to forgive ourselves instead. See where I’m heading with this? Just making it simpler for all of us to forgive ourselves.

After all, when we commit errors in our lives, it’s generally because we did the best we did at the time with the knowledge we had, which in many cases isn’t much. When we don’t have the complete and total knowledge of a current situation, it’s far easier to commit an error. And much simpler to forgive yourself for making the mistake you committed. Therefore, forgive yourself for the error you committed. No need for judgment, no need for sorrow, no need for guilt. We did the best we could at the time with the knowledge we had, which wasn’t much. Especially since our teachers didn’t know much themselves.

Deception

Besides fear, deception is our enemy’s number one tool.

Deception has been used since time immemorial. It creates wars and causes nations to fall. Deception betrays trust. It’s an extremely large negative emotion, which

causes negative energy to be released on a massive scale. It can lead to resentment, anger, regret, and sorrow.

Deception can be disguised so well that you can be told ninety percent truth and ten percent lies, and those lies could lead to your downfall. It's extremely clever in that you could be totally trusting in your source for truth and still be led down the path of sorrows. Deception is the darkest and most negative energy there is. So how must we deal with this? Let's find out.

First, don't lie. Let the truth be told though the heavens fall! It doesn't matter if you've made a mistake and now you must own up to it. Tell the truth and let the chips fall where they may. At least in doing so, you now won't have to lose energy over worrying about being discovered.

When we lie, we have to keep track of our lies so we can remain hidden. But the problem with that is that truth will follow you to hell and beyond. You won't be able to shake it from your own mind. It will always remain no matter what the situation or circumstance. Lying lowers your consciousness and blocks any positive energy from flowing through your spirit from the source of all things, the soul. Therefore, tell the truth in all things.

That's deception from within, and we have much control over that part. But deception from without, from another, is an entirely different matter. And how do we deal with that? How can we tell we are being lied to?

Discernment—there is your answer. Fine, so you ask, “How can you discern truth from fiction?”

It all lies within us. All the truth of every life we’ve lived, the life we are living now, and the life of our futures lies within us. It’s all there. Just go right ahead and tap into that unlimited power source, and discernment comes easier.

Well, that’s fine, you say, but how does that relate to whether or not you can tell if you are being misled presently? Start by looking into the windows of their spirit: their eyes. Look deep within them, and you will know truth from falsehood.

Second, look deep within your own self. Your gut feeling will also tell you. We’ve all felt that feeling when someone is deceiving us. Something inside of us is saying, *Don’t trust it, don’t believe it*. That’s the future you telling the present you that you are being misled.

All our spirits lie within us. Past, present, and future. They continually communicate with each other through feelings. So when you receive that gut feeling that something isn’t right, well, that’s you telling you to walk away from your present situation. Your future you knows the outcome of such things, and it wasn’t pretty. Look within and use your tools.

Third, as we grow in our spirit, we will be able to decipher others’ feelings rather well. We will be able to pick up on things, which up until now have been hidden.

We are all beings of energy. And when we are engaging in conversation with another, our energies merge at some level. Your being will be able to pick up on theirs and be able to tell if it's positive or negative energy being sent in your direction. Trust that feeling, and you will know the truth. And always remember that the kingdom of heaven, which knows all things, lies within you.

Doubt

Doubt is the number one cause for our prayers to remain unanswered. We doubt that God will answer us. We also doubt our own abilities. We do this because of the lack of knowledge of who and what we really are. A seed of doubt will become a tree of resistance. And its fruits will produce inferiority.

We just don't believe we are good enough. We are not worthy of the many blessings due us. We believe that we are not sons and daughters of the living God; therefore, we are on our own. This is another path that leads to our own destruction, both within and without.

As I've mentioned before, we are told all throughout our lives that we are not worthy of God's, or the soul's, many blessings and that we are a lesser being. Children of a lesser God. Children of some fictional God who sits on the throne and separates the wheat from the chaff. And that if we do good deeds, we might, just might, be able to slip ourselves into some kingdom of heaven out there, wherever

“out there” is. What hogwash! They tell us that we have to wait and find out after our lives are over. And God help us if he’s not satisfied with our lives in servitude. Then we get thrown into this bottomless pit of fire and brimstone, which is basically something a dictator would do.

Pure nonsense! That sounds more like the actions of a tyrant rather than a God of pure love. It sounds more like God as Adolph Hitler, and the rest of us as Jews on our way to the gas chambers. Does that sound like a God of love to you? It’s strictly unbelievable what we are being taught nowadays. Our eyes have been closed to the truth for too long. It’s time for us to learn the good news. What Jesus said about the religious leaders of his day holds true for the leaders of today.

For you shut up the kingdom of heaven against men;
for you neither go in yourselves, nor do you allow
those who are entering to go in. (Matt. 23:13, NKJV)

Yep, that pretty much describes many religious leaders of today. How can they teach about the kingdom of heaven when they don’t even know what it is or where it is at? They have their reward.

And the good news is this: we are created in God’s own image and God’s own likeness. Therefore, we are sons and daughters of the living God. In other words, we are created individual spirits that all come from the same source, and in each one of us, we carry the same characteristics as our

source, the soul, or God, if you will. Now if you can find yourself a house of worship that teaches that doctrine, then by all means stay. You've found yourself a nice home. But they are few and far between.

So the best way to remove doubt is the best way to remove any other type of negative energy or emotion that flows through your spirit. Remember who you truly are. We are not simply our bodies. We are not our minds. We are not our spirits. We are all those things and more. We are soul, spirit, mind, and body all rolled into one. Our source is God, split into different parts of body, mind, and spirit. But we always have been and will always remain the soul. As Jesus declared, "The father and I are one."

Sorrow

There have been times in my life and many others when you perceived to have hit rock bottom. That there is no end in sight. When the cleansing potion of weeping just wasn't enough. That you didn't have the answers to the problems in your life and felt completely and totally helpless. The end was near, and you felt you couldn't do anything about it.

When I was a young boy of thirteen, my parents divorced, and after the divorce was finalized, they split up my brother and sister. We lived in different states, so therefore, I felt completely alone, shut myself in my room, and wallowed in sorrow. It was a lonely feeling, this sorrow. Sometimes, life can be quite cruel.

It's a most helpless feeling. It feels as though someone else is in charge of your life. That you have lost all hope, all joy, all happiness. I can think of no worse feeling that I have felt—a total feeling of helplessness.

I've been hurt to the point in my life where I have cried for days and days and feel no healing whatsoever. Had I continued in this, depression would have taken over my life to the point where I may have done something quite drastic.

The greatest sorrow in one's life comes from its greatest loss.

I've lost a brother and a nephew at very young ages. *Tragedy* is the only word that comes to mind when I think of them. Both were needless accidents that shouldn't have happened. Both should have been avoided.

It took a long time to come to grips with both of these losses. I'm still working on it today. I will always miss both of them. Acceptance is a process that takes time.

But because of my beliefs, I know that in the future, I will rejoin them. I have to wait, or tarry as Jesus put it, but in time, I will reunite with my family. I will be able to hug the dearly departed. I look forward to that day with great anticipation.

Some have said that time heals all wounds. They were wrong, as far as this context of life is concerned. It doesn't heal all wounds. They may diminish, but they'll never leave us.

The best way to fight sorrow is hope. Hope in a better future. It will be better tomorrow. Then gradually, day by day, that feeling of sorrow will dissipate. Some sorrows won't leave you, but they can get better, long enough for us to crawl, and then walk, and then in the future, run again. Loss of a loved one is a very difficult situation, but we'll all overcome it.

Another tool to combat sorrow is by reaching out to another loved one who shares your grief. Do not isolate yourselves. We can get through this if we stick together and remain united. My family formed a cordon around each other at our loss. What is left has become a powerful family who understands each other's loss. We will continue to until the end of time. Like snowflakes that cling together, we will indeed hold fast. If you don't have a close family, then seek close friendship with those who share your pain. Find those with a common denominator and grieve together. Strength will be right around the corner.

Finally, always remember that this world is an illusion created for the purpose of experience. There is no other way. God wanted to experience God in all its glory. So in order to find happiness, sadness must also be felt. In order to experience truth, lies must be told. In order to express humility, arrogance must be allowed. When we are lost in the illusion of this world, sorrow can be extremely difficult to overcome. Therefore, always remember who you are, why you are here, and where you will return to. Never forget.

Arrogance

Arrogance also covers self-pride, superiority, and ego. Let's take a look at scripture:

Now a certain ruler asked Him, saying, "Good Teacher, what shall I do to inherit eternal life?" So Jesus said to him, "Why do you call me good? No one is good but One, that is, God, You know the commandments: 'Do not commit adultery,' 'Do not murder,' 'Do not steal,' 'Do not bear false witness,' 'Honor your father and your mother.'" And he said, "All these things I have kept from my youth." So when Jesus heard these things, He said to him, "You still lack one thing. Sell all that you have and distribute to the poor, and you will have treasure in heaven; and come, follow Me." But when he heard this, he became very sorrowful, for he was very rich. (Luke 18:18–23, NKJV)

Do not lay up for yourselves treasures on earth, where moth and rust destroy and where thieves break in and steal; but lay up for yourselves treasures in heaven, where neither moth nor rust destroys and where thieves do not break in and steal. For where your treasure is, there your heart will be also. (Matt. 6:19–21, NKJV)

Arrogance need not be about money; it can be about many things, but I'm going to use it as an example. It can be material arrogance, it can be religious arrogance, and

it can be about nationalistic arrogance. When it comes to material possessions, we are talking about greed.

Arrogance is saying you are better than someone else. In some way shape or form, you feel that someone is beneath you. That you are far more superior than they are. That you are somehow greater.

This is an illusion based on perceived wealth, possessions, and outward power. Since we are all one being, the soul, everyone is equal in the kingdom of heaven and on earth.

There are those who spend their time accumulating in this world, whether it be money, land, or power. It can be political, financial, or religious power.

They are storing up treasure on earth where moth and rust destroy and where thieves break in and steal. They have their reward, and it's quite temporary.

How many times in our lives have we seen political leaders get ousted from power? Happens all the time.

How many times have we seen financial leaders lose everything and jump out windows on Wall Street? Happens all the time.

How many times have we seen religious leaders defrocked? Happens all the time.

How many kings have been overthrown? How many business leaders have been told their services are no longer needed? How many? History tells us the answer: it happens all the time. Nothing material lasts forever. Moth and rust corrupt it.

So people with outward power need to remember, it's only temporary. It doesn't last forever. It will sooner or later be taken from you.

Something happens with those who accumulate. They become addicted to it. There seems to never be enough. A billion dollars isn't enough; they strive for two. Being the leader of one country isn't enough; they strive for more. More, more, always more. It's never ending. They'll never find happiness with their possessions, which are merely just things that moth and rust corrupt.

Do you know of anyone like this? I do. They aren't the happiest people in the world. Their possessions do not add one day to their life. They do not give them peace. They do not add one hair on their head. They are completely and totally lost in their illusionary world. "Whoever dies with the most wins" is their motto. Silly people; they have strayed far away from the path of peace. Their next step in life will be the fall. And how great is that fall? The higher they climb, the greater the fall. They live in a house built on sand.

This can be said about individuals and countries.

Where is the Roman Empire today? It lies in ruins. Where is the British Empire today? Much weaker than it used to be. Where is Imperial Japan? Where is Nazi Germany? Where is the Soviet Union? And if America doesn't turn itself around, someone in the future will ask, where is the United States? They are nothing more than

a memory. And it wasn't very long ago that some of these entities fell.

Look at the world today. Where will the United States be tomorrow if it continues down the path of destruction? Look at history, and you'll find your answer. Nothing lasts forever. If a nation strays from the path of positive energy and is enveloped by the negative, then destruction will be its future. A house divided cannot stand, and the United States is most certainly divided. Look at Washington, DC, and a blind man can see its division.

But that is at the country or nation level. Let's first look at an individual level and see if we foster arrogance toward others.

Have you ever walked down the sidewalk and seen a homeless person sitting there with nothing? I think most of us have. Now, we can either try to help them, or we can continue on with our day and step right over them. If we choose the latter and have some form of consciousness within us, which we all do, then the rest of our day is shot to hell.

We have no idea how the homeless person ended up in the situation they're presently in. It may be hospital bills, legal battles, or they may be a veteran that has seen things that no human should have to, and they can't cope. It can be any one of a multitude of reasons for their malady.

Arrogance is forgetting that we are all one. That we all came from the same source. That we are all lost in the

illusion of time and space and have forgotten our source, the soul.

Have you noticed yet that any of these negative emotions or energies can be fought by remembering who we are? It's true. They can all be defeated by realizing that we all came from the same stuff. The same place. We all appear to be separated, but this is not the case.

Science will tell you nowadays that we are all made up of the same things. The DNA that lies within you is the same that lies within another. The atoms and molecules are all the same. We are all indeed one.

So the next time we see someone less fortunate, remember who they are. They are a spirit that comes from the same soul just having a different experience and allowing God to know who God is.

Arrogance is the illusion of separation. Be kind to those less fortunate than yourself, and you'll store up for yourself treasure in heaven. Jesus's solution was to sell all you have to the poor and follow him. Follow the soul.

Regret

Regret is another large negative emotion that fuels negative energy and is related to guilt.

Yes, we all have many regrets in life. We should have taken a left turn when instead we took a right. We went backward instead of forward. We moved to another part of

the country where it didn't quite work out. After all, as they say, hindsight is twenty-twenty.

Well since most of us can't see into the future, we have to take certain risks. My grandfather used to say, "No risk, no reward." We all took risks; some worked, others didn't. We did the best we could at the time of our decisions with the knowledge and awareness that we at the time possessed.

Therefore, it's time to increase knowledge and awareness, and that will help us to make better decisions in the future, thereby reducing our regrets in life.

Take it easy on yourself; you did your best. If you are like me, then you are your own worst critic. I'm extremely too hard on myself. It's time we gave ourselves a break. And by the way, quit being so damn judgmental on others too while you are at it. No reason for that. They're doing their best just as you are.

No one does anything wrong in the world given their limited perception of it. For some of us, it's quite limited. Can't blame them, can you? We've all been taught division rather than unity. We've all been taught separation. We've all been taught superiority rather than humility, arrogance rather than empathy, lies rather than truth, and so on.

Forgive yourself and forgive others. We are all children of God; it's time we started acting like it and forgiving ourselves. Besides, it serves us to do so. Forgiveness of ourselves and others decreases the negative and increases the positive, thereby increasing our probability in our formula.

And give yourself a pat on the back too; you deserve it. You did the best you could with what you had at the time.

Worry

I will cover worry and stress together since they go together like peas and carrots. Seems you can't have one without the other.

If anything shrinks the spirit, it's these two partners in crime.

Worry is the most needless negative energy there is. A self-inflicted wound if there ever was any. One can literally worry themselves to death. You'll lose sleep, which by the way, sleep is the great healer. You'll lose focus and won't be able to concentrate on your job, your home life, or any other aspect of your being.

The worst part of worry is it's so needless. Nine times out of ten, you have absolutely no control over whatever situation you are fretting about.

If you took all your worries, wrote them down on a piece of paper, and put them in a shoebox, chances are almost all of them will be gone by next week, having taken care of themselves naturally. Or you quit worrying, sprung into action, and took care of the problem.

Stress literally chokes your spirit.

Imagine yourself as a water pipe system, with a pump moving water through the pipes and into your faucets. Having stress is like having a clogged water filter where no

water comes through. Therefore, stress and worry keep the positive spirit of energy from entering into your spirit from your soul. It clogs the spirit the same way as the clogged water filter.

A few years back, I had a severe pressure on my heart. It felt like someone was standing on my chest. The pressure on me was constant for at least an hour at a time. It wouldn't let up.

So off to the emergency room I rushed. They put an EKG with all those electrodes on my heart and chest area, and that test turned out fine. Next up, they performed an echocardiogram, and that was okay. So I went to a larger hospital where they performed this procedure of placing a tube into the artery of my right thigh, and it is snaked all the way up into my heart to take pictures of the valves of my heart. A delicate procedure indeed. Well, the results of that were positive as well.

So I spent three days in the hospital recovering when a doctor came to visit me. He told me it was all stress related. He had seen this before with other patients. He informed me that stress can kill, and whatever I needed to do to decrease the stress in my life had to be done, or I wouldn't last much longer in this world.

It can literally choke your spirit. It did mine. I haven't had any problems since. But I am quite aware of what can happen to me if I overdo it. It's just not worth it, my friends.

In the best way you know how, remove the stress and worry in your life as much as you can. Clean out that filter,

and let the spirit flow back into your body. Quit worrying about tomorrow; the cares of the day are sufficient unto themselves. How much of these worries are you really in control of?

The best solution to worry and stress is to go within and pray. Reconnect with your soul and talk it over with the deeper part of you. Chances are you'll get your answers. There is a solution to every problem; you just have to find it within.

I believe I've covered enough on negative emotions which fuel negative energies and how to battle them. It's time to move onward. Greed goes along with arrogance and self-pity with sorrow, so I won't cover them.

You may be asking yourselves now, *Well, what about the positive emotions or energies?* That's the next section, but if you reduce the negative, the positive automatically takes its place. That's just the way it is. Nature abhors a vacuum, and by reducing anger, happiness moves in. Reduce sadness, and joy takes over. Reduce arrogance and you'll have humility. It's a matter of battling the negative and allowing the flow of the soul through the spirit to move in and once again settle the mind.

This is the process. Reduce the negative, and the positive will fill the vacuum left by its absence and vice versa. But then again, if you reduce the positive, the negative fills the void.

Positive Emotions

Faith

For in it the righteousness of God is revealed from faith to faith; as it is written, 'the just shall live by faith. (Rom. 1:17, NKJV)

We might as well begin the positive emotions with the largest energy source. The beginning of all things was created by faith. The soul, or God, if you will, had faith that if the soul willed it, it would therefore come to being. This entity that we call by many names, including the Supreme Being, moved beyond belief in itself and travelled into the world of knowing with one hundred percent knowledge of its incredible awesome energy.

Yet knowledge wasn't enough; it had an intense desire to experience itself in its infinite variety of forms. It therefore decreased its frequency so that it could experience each and every one of its individual aspects. It slowed its energy to matter, created life, and the rest is history.

But here is the interesting paradox of it all. This power was able to release its power and create all these individual aspects of itself while still being able to maintain its unity at the same time. Being able to divide itself yet remain unified.

It doesn't make sense until one realizes that this world and all others are merely an illusion created out of time and space. They really don't exist; this is all a figment of

our imagination. All of us collectively create this world of illusion that we live in. We really aren't a part of this world; we are merely having an experience at this frequency. We slowed ourselves down to our most minute detail, but the true reality is that we never left each other or our soul, God. We are in this world but not of this world. The complete and total "us" lives with the soul; a fraction of that total lives here.

So you ask, "What has this have to do with faith?" Everything! Realize that this world is a product of our imaginations, and you'll be able to manipulate it with our minds and spirits with much greater ease. Realize that this game called life is just that: a game. It doesn't matter because the finished product of you will always be with the soul, and whatever route you take, you'll still end up with the same results. You can't get it wrong; you are infinite, total, and complete in every way, shape, and form.

Think of life as an Xbox game and that before you even start, no matter what choices you make, you'll end up winning. The end result will never change regardless of what happens during your game. This was knowledge obtained from within and verified by Angels. Your powers will never be taken away from you by the soul; only you can limit yourself. The soul will never limit; only the spirit, mind, and body do that.

So with all that newfound knowledge we now have, our belief in ourselves increase, and with it, faith.

Therefore, believe in yourself, and whatever you wish to desire for will be yours.

Increasing faith decreases resistance on all levels. The more you believe in yourself, the less doubt you'll have, and the greater you'll become. Don't allow anyone else to tell you otherwise; you are created in God's image and likeness, with all the power and the glory forever, amen.

Peace

In the evolution of the spirit, fear comes first. That is because when we first leave the light, or the soul, we enter into the darkness. We've just left love and entered into something other than love, namely fear. After many trials and tribulations, we finally overcome our fear and then move into outward power. We therefore begin to gain confidence in ourselves, acquiring pride, possessions and title, seemingly controlling our own destiny. We are the captain of our own ship, or so it seems.

Then comes the fall, and all our confidence, possessions, titles, and pride with it. No matter what course we take to achieve the first and second stages of spiritual evolution, inevitably we all face the fall. There is no way around it; we must hit bottom before we can rise up.

As you give, so shall it be given to you. Well, that works both ways; therefore, as you take, so shall it be taken from you. When it is taken, the fall occurs and with it, the greatest growth spurt your spirit and mind will ever face.

Pain causes change, which causes growth. After the fall, when all is lost, you headed inward and began seeking answers within. You were lost in the material illusions of this world while you were on top, but once your materials were taken, the illusions went with it. So at this point of our existence, we did what people call a crash and burn.

Upon going inward, we began searching and searching our soul for answers. In small increments we started to receive messages telling us we were going to be all right, that things are as they should be. Incredible growth happens at this stage.

As we look more inward and less outward, we began to open up the channel of the spirit. We finally realized that we can't buy happiness, love, or any other positive spiritual energy by material means. It was all an illusion.

It may have taken some help from friends and family, but we landed on our feet. Once this occurs and we settle, we can begin the process to peace.

Lack of peace comes from lack of understanding of who we are, what our mission is, and why we are here. It stems from a lack of understanding the whole process of our evolution. Peace comes from finding that kingdom of heaven within you after not finding it on the outside. It was with you all along; you were just searching in all the wrong places for it.

Peace is the great neutralizer that turns every negative emotion into a positive. Once we begin looking through the eyes of peace, everything else falls in place.

Forgive yourself for the steps you had to take to achieve this state and move onward from here. If everyone in the world would just go within themselves and find that peace that exists, we'd be living in a far different world.

So greet everyone you experience life with in peace, and your inner and outer world will expand.

Forgiveness

Forgiveness heals all wounds, rights all wrongs, and wipes the slate clean of any and all wrongdoings inflicted upon us by others. If there ever was an energy that removed any kind of karma then this is your emotion.

Let us look at karma for a moment while I'm on the subject. Karma exists during our lives, but it is removed after each life. We don't start our lives with negative karma as some would lead you to believe. We do indeed carry over our personality traits with us from life to life, but that isn't karma, that's just energy we have built up from life-to-life experiences. Personality is the mind and the spirit combined together and gathered from previous lives. We may need to improve issues with ourselves in certain areas before we can evolve and grow, but that isn't karma either. Karma means what you send out in this life, you will also receive. It doesn't overlap lives.

When you forgive another, you are removing their karma from this life only and not prior. If negative energy had been building up because they've been sending out negative energy against you, then you have effectively removed any negative energies that were heading their way. You have that kind of power in forgiveness.

One of Jesus's last words was, "Forgive them, father, for they know not what they do." By saying that, he removed any and all karma headed their way due to the negative way they treated this man. By forgiving, he removed any kind of anger that might have been seeping into his spirit at this injustice.

When in doubt, forgive first yourself and then your neighbor. By doing so, you will release concentrated negative energies from doing any harm to you or others.

Forgive first in your heart and then with your mouth. Declare a statement to the entire universe that you desire forgiveness. And then take it one step further by forgetting whatever perceived injustice that may have entered your path. Forgive, forget, then move along toward your destiny.

Humility

First, let me say that we have all shown the ultimate in humility by leaving the soul and incarnating into flesh. Imagine that for a moment, we are the most powerful being in the universe, and we leave that to become a human being on planet earth. I would call that stepping down a few

notches. I know you're thinking that we must have been out of our minds to even consider that option. Well, we were; we did it at the spirit and soul level. We left the mind out of it, or we would have most definitely refused this mission. Our spirits did it out of love for the soul because as I've said before, it was the only way for the soul to experience itself in the flesh. Someone had to go, so here we are.

As far as a more practical level of this experience, it is always right to be humble, for we know not who the soul has placed in front of us at any given moment. I have a hard time with this. I'm generally a cocky sort, and here I am speaking to you about the emotion known as humility. It's something I have to continually be aware of, or I find myself out of balance with my spirit and mind. The problem I have is a matter of overconfidence in myself. I will believe so powerfully that I can achieve anything, which is virtuous, but sometimes I require help and don't ask for it, and that is bad—a lack of humility and lack of reaching out for assistance. I need to work on that.

Humility is dropping yourself to your knees in prayer and asking for help. The soul awaits your plea for help, but since your free will can never be violated by the soul of its angels, you have to request first before help can be given, otherwise it's a violation. Prayer will sustain your humility; it's not a bad practice to get into.

Truth

That is what this book is about: the truth. Having the truth of our being revealed to me, and I'm in turn revealing it to you. I received myself a revelation; now it's your turn to receive it. It is the soul, spirit, mind, and body, the four parts of our being, explained in terms for all to understand.

Let the truth be told though the heavens fall! And the heavens just might fall this time around!

Unfortunately we live in a world where truth is not very commonplace. It seems as though many have sold out for a variety of reasons: financial security, control of the masses, and basically fear. We live in a world where governments lie to the people they are supposed to represent. How many UFO cover-ups have there been? Thousands? How long do people have to wait in order for their governments to declassify documents and reveal the truth to them? How many great truths have been hidden down through the centuries by the church? We will never know; they have their vaults locked up tighter than a drum. A pity we aren't trustworthy enough for the truth to be told.

Many of the established institutions of this world still live in the illusion of outward power. The only way that will be changed is after their fall. But give that time, it will happen eventually; it's a spiritual law that pride comes before the fall, and that is where they are headed. But as individuals striving for the truth and the soul, we must move beyond this and live in peace, intention, creation,

saintliness, and then godliness. We've had our fall now; it's time to move beyond material matters and plunge ourselves into spiritual truths.

And here is the truth for all things: that truth is whatever our perception happens to be at any given time. It changes constantly depending on our individual awareness of our situations. If twelve people saw the same accident at an intersection, you'll get twelve different responses to the same event, all with differing perceptions of the event just witnessed. Therefore, you have twelve truths to the same accident. Police officers know about this phenomenon; they know the truth lies somewhere in the middle.

Perception becomes an individual's reality, their truth, therefore the truth is quite relative depending on each person's way of seeing things. It's important to remember that we are each on our own individual paths in this experience called life. We will all finish with the same outcome, but how we ended up getting there will be different for all of us. The most significant thing is for all of us to tell the truth as we see it, not as others see it for us. To thine own self be true.

Compassion and Empathy

Compassion, along with its partner empathy, are feelings of wanting to help someone who is sick, hungry, in trouble, and a desire to alleviate the problem.

The soul had compassion on its creation and came up with a solution to show humanity how to heal themselves from their self-inflicted wounds. It performed this feat by sending someone with the highest consciousness to show the rest of the world what we are capable of. To teach us great truths about who and what we are as an individual and a species. These truths were rejected by many but accepted by few, enough so that the seed of truth was planted within humanity. This truth is now spreading like wildfire throughout the world; this book is a small fraction of the evidence of that truth. But its genesis was found in compassion.

We've all heard the story of the good Samaritan. How a man who was on his way to Jericho from Jerusalem fell among thieves who stripped him of his clothing, wounded him, and departed, leaving this man half-dead. Soon after, a priest happened to come down the same road, saw the man, and decided to walk on the other side of the road instead, ignoring the man. After that passed, a Levite did the same thing; instead of helping the man, he too walked on the other side of the road. Then a certain Samaritan came and saw the man and had compassion on him. So he went to the man, bandaged and dressed his wounds, set him on his own animal, brought him to an inn, and took care of him. The next day, he paid the innkeeper and told him that if more was needed, he would settle up with him the next

time he saw him. That, my friends, is compassion. As Jesus said, “Love thy neighbor as yourself.”

What has blinded us to the truth until now is that we don't see others as ourselves; we've been taught that we are all different from each other. Yes, it's true that we are all unique individuals amongst each other, but we forget that we are all children of the soul. That we all have that same common denominator. We are all one being split into many parts, and we forget this truth in our dealings with each other. Had we remembered this, we would act much differently towards one another. Lack of compassion is a lack of understanding about who we are, why we are here, and that we are all united in the soul. Remember that we are spirits having ourselves a human experience and that everyone else is doing the same. More compassion will enter your heart, and you'll therefore receive treasure in heaven. Do this, and your life will change immensely.

Hope

Hope, along with faith and love, are the three primary positive energies of the spirit. From those three the rest are born. Hope springs forth belief, knowledge, and wisdom; without hope, the others don't exist.

Those that don't believe in themselves are without hope. Those that rely strictly on their minds for answers go through their lives in a daily struggle trying to make sense of things and constantly wondering to themselves

why. They see only what is front of them, and they dare not look beyond because the mind refuses to accept that there is anything out there greater than themselves, thereby denying them any kind of hope in the future.

Hope is most assuredly a gift of the soul through the spirit and into the body. It is believing that in yourself, you are much larger than presently shown. Hope is also knowing that deep within you is a far greater you and that by believing in that truth that the greater you will sooner or later emerge from within you. All that is needed is the hope that this event will happen, and it will as soon as we unlock the door to the soul and let the spirit flood our being.

Hope is belief in a better tomorrow, that day by day we will evolve and improve our species as a whole. The founders of America—Washington, Jefferson, Franklin, Adams, and others—held a strong belief that their idea of a country was an improvement over the system they at that time served under. That a monarchy was an outdated system, which limited freedoms that God, or the soul, had given each of us at our births. Freedom of thought leads to freedom of speech, religion, and the press. Our free will was being violated, and they believed and hoped they had a more evolved idea of freedom than the kings or queens had for them. This idea sprang forth to millions and hasn't stopped since. The flood of immigrants on America's shores are the proof of that, but it all began with hope.

We are all born free sons and daughters of the living God; hope for that, believe in that, know that, and it will come true for each and every one of us. There it all is in one sentence—the hope of the world.

Joy

Joy is a feeling of great happiness that comes from doing, finding, or receiving something.

A feeling of joy comes to all who receive the truth of their existence; it is of finding out who and what they truly are. Of finding out that all their searching is over and that the kingdom of heaven has been within them all along.

There is great joy in the soul at your return to it. We've spent our entire lives traveling from here to there looking outward for our answers, and when we come to great realization that we need not look any further than within ourselves that there is joy. It's like finally coming home after a long trip away from our loved ones. Like when sailors see their wives and children waiting for them at the pier after a long voyage there is joy.

We are filled with joy over an accomplishment we may have had, like writing this book. At first, I had my doubts that I had the capability of performing such a feat. In time, I let the doubts subside as I began to put words on paper, releasing them. After many hours, I finally realized that I had it within me to reach my goal of sending this message to others, and now joy has filled my heart!

We are filled with joy at also finding or receiving something. Parents are filled with this joy at the sight of their newborn children. They've received a gift from the soul, and they in turn give thanks for that gift. It's automatic for us to give thanks upon receiving something. Even children know this truth at Christmas time; they open their presents and they give thanks to those that gave it to them because they are filled with joy. People always give thanks when they are in the emotion of joy; it's natural.

Jesus used an example of a man finding treasure in a field; the man then in turn sold all he had so that he could buy that field. When we discover the kingdom of heaven within us, we sell all we had previously; we throw away all our previous thoughts and enter into that kingdom. We toss aside prior knowledge for our newfound beliefs. We are filled with joy, and then we give thanks. Joy awaits us all in our quest for discovering our true nature. The soul awaits our return, and joy is the gift that is in its hand. Will you then in turn claim your gift? Of course you will; we all will when we've reached that stage of evolution in our paths.

Generosity and Kindness

Generosity and kindness are intertwined; you can't have one without the other. Generosity is the act of being kind, understanding, and not being selfish with the gifts you've received from the soul, whether those gifts be internal or external. It's a willingness to give to others whether you

perceive to have anything to give or not. Your first impulse is to give first and ask questions later.

Generosity is listening to the spirit and not the mind. The spirit of generosity says to give when your mind says to keep; it comes from trusting that whatever you send out you will in turn receive what you just sent and more. That the soul will once again fill the spirit with what the spirit just sent forth.

Imagine a tree that each year provides food for the ground, leaves for bedding for the animals, and shelter for the birds. Each year, the tree continues to be generous with its natural gifts and provides for others, namely the earth, animals, and birds. Yet each year, the tree grows larger! So how is it possible for the tree to give so much and each year get larger? Well simply because the ground and the sun are giving back to the tree as much as it is giving and more. Just as your spirit is giving generously, the soul in return is giving back to you and more. This is what is meant by as you give so shall you receive; this is how the soul works within you. It's a pump that replenishes whatever you send out, so be generous with the gifts it has given you and you will receive more.

A person who gives allows the soul through the spirit to flow through them, thereby giving that person much happiness in their lives. Ever notice that? The people who are givers in this world are the happiest people you will ever meet. Join with them and fulfill your true potential as

a child of God, but first begin by giving what you perceive to lack, and the rest will take care of itself.

Serenity

God, grant me the serenity to accept the things I cannot change, the courage to change the things I can, and the wisdom to know the difference.

The serenity prayer, as it has been called, is the definition of acceptance on many levels; peace and acceptance breed serenity.

When we are surrounded by chaos, we are able to go within ourselves and discover serenity. We do this by recognizing the chaos for what it is: insanity. We don't know who we are, therefore we don't act like we should. Remaining calm in the midst of disorder will give us serenity.

When a situation arises which brings forth confusion, disorder, and a complete lack of control, then it is time to go within yourself and find that peace and acceptance. This happens to us all every day. Think about it. Have you ever noticed there is usually that one person lingering around who doesn't let the madness of others affect them? That person displays serenity.

Certain events have happened in my life that I had absolutely no control over. Events that I did not agree with yet had to accept them regardless of what I thought or felt about them. How did I handle this? By changing the part

of the event that I can, which can be quite limiting and frustrating at times, accepting the portion of the event beyond my control, and praying for the wisdom to know the difference between the two.

In the garden of Gethsemane, Jesus, not wanting to be crucified the next day, asked the father, his soul, whether or not this event could be passed upon. He received his answer, accepted it, and the rest is history. He didn't agree with the answer, but he acknowledged it anyway and acted upon it. Great faith was demonstrated by his actions. He accepted his role and placed his response and peace and serenity. What a fine example for all of us to follow.

That covers most of the positive emotions of the spirit; many of them interlink with each other. One leads to the next, which leads to the next.

Next, let us explore tools we can all use so that we can maintain a serene and calm state of being.

Six Steps to Balance

Let me be weighed on honest scales, That God may
know my integrity.

—Job 31:6 (NKJV)

1. Stop
2. Settle
3. Breathe
4. Center
5. Go Within
6. Do

Stop

When our lives have spun out of control. When there seems to be no end in sight to the frustration. When certain events have taken their toll on us, and we've felt the sting of loss. When we stumble and fall and can't seem to rise

up. When we are at the breaking point. When everywhere and everyone we turn to seems to be a dead end, then it is time to stop.

We've all been there. Rock bottom. Depression—the lowest feeling imaginable. There seems to be no way out.

The trials of life can be quite devastating at times.

I know. I've been there. It's not a very appealing place to be. We've seemed to have reached the end. So what now?

Stop. Just stop.

Stop whatever you are doing. Stop whatever you are thinking. Just stop.

Go for a walk. Go for a drive. As people say, clear your head.

Go feed the dogs. Go do something that will take your mind off your present situation. Do anything to get out of your present state of mind.

Go talk to a friend; go be with someone who loves you. Find someone you can trust and express your concerns of yourself. You have to release this feeling of hopelessness

When you are angry because of a supposed injustice, stop.

When you are feeling guilty, stop.

When you are feeling doubtful, stop.

Any one of these negative energies can be thwarted if we just stop.

Stop the flow. Halt the current of negative energy flowing through our being.

You've traveled far enough away from your source. It's time to turn around and head back the other direction. Your negative energy need not be at its highest before you stop, neither your positive at its lowest point. You can change direction at any moment in time. You need not hit rock bottom before you catch yourself. You need not explode into rage or wallow in your pity before you reverse the flow of energy. The energy will flow within your spirit as long as your mind allows it. Therefore what is needed is a change of direction. Let's perform that and change the flow.

It's as though we are driving a semitruck, and we see a cliff up ahead. We put on the brakes, park it, catch our breath, and turn around. Whew! That was close! We almost undid ourselves.

Once in my life when I couldn't find any answers, I stood looking in the mirror with a handful of pills in my hand. This was it for me; I had it with the trials of life. It seemed whatever I tried wasn't working. Failure after failure after failure was my forte. I was about to perform a most selfish act.

My main decision that day was whether to use pills or put a gun to my head. I was in a deep state of depression. I traveled down to the store that night and bought myself as much whiskey as I could get my hands on.

And there I stood, as drunk as could be, looking in the mirror at perceived failure. We really can drag ourselves down into the depths, can't we?

Thankfully, I didn't swallow the pills and found myself the next morning curled up around the toilet. I must have passed out on the bathroom floor and ended up crawling to the bathroom throne praying to the porcelain god.

After that I sought help and recovered a little bit from that point day by day. Thank God I didn't do what I set out to do. I wouldn't be here today sharing my soul with you.

Settle

Now that we have stopped, it's time to settle and realize that we are headed in the wrong direction emotionally. That the path we have taken can only lead to our downfall.

Remain calm and settle down. How many times have we heard "just settle down and relax" in our lives? That's good medicine, people.

If you are headed down the highway, and you miss your exit, sooner or later you need to turn around. You'll have to first pull off into a farther exit, the sooner the better, and turn around. Settling means it's time to catch our breath. Time to put on the brakes, switch gears, slow this big rig down, stop, and then look for the directions to find our way back home. We've suffered enough; it's time to head in the other direction and rejoin our soul. The spirit is willing, but the flesh is weak. So if the spirit can maintain its flow, its strength, then the flesh will follow.

You may have to call a friend and find out the proper directions. We don't always know the way to go. So get a

hold of someone you trust and talk it out. Seek help; it's always there.

After my eventful night when I hit my lowest depths, I took the next day off of work, sat in a chair all day, and settled. After just about twenty-four hours after I was going to end it all, I decided to look in the phone book and ask for help. A nice man answered the phone, took down my information, and within ten minutes, I heard a knock at the door. It was a nice older man who explained to me that he had been at the same state of mind once himself, and he was there to help me.

My soul had sent me a saint. We spent all night long talking and healing. I'll never forget him; he is literally a lifesaver, I haven't seen him since and wonder if it wasn't an angel sent to me disguised as a human. I'd wager that he was.

Breathe

Slow down, breathe, and count to ten if you have to. Before you fly off the handle, stop, settle, and now breathe in and out slowly. Get yourself back to where you were before. Get yourself back on track and begin to head in the other direction. Many situations in life force us to lose ourselves, especially those dealing with loss. For a brief moment, we forget who we really are: a living child of the source.

We get caught up in this world and forget our four-part being. Breathe in and out, and connect yourself back

to our original source. It may take some time and energy, but it is possible for each of us to reconnect. This is a very important process to our development. If it's possible, always remember who our father is, and since you can't have male without female, who our mother is, as well. Breathe, and let the energy naturally flow within you. Remember how much you are loved. You're worth it. Stop what you are doing, settle down, and now breathe. Relax a little bit. Take your time; get yourself back on the proper track.

As I've illustrated to you in my story, help is always there. Seek out and find it, you may end up getting yourself a visit from a spiritual being.

Center

In each one of us lies an internal guidance mechanism that shows us the way of the path to the source, the way home.

Once we've stopped, settled, breathed, now it's time to center on our soul. It's time to listen to our soul through meditation, talking to our source through prayer, or thinking about our soul through contemplation. Whichever way you prefer, maybe all three are needed, it's time pay attention to our guidance system within us. Which way is the way home? Show me the way home; I'm willing to go there.

You pull the rig over, you look at a map, and head towards home. But which way do you steer the truck? That's when you need to listen within. The source of all things will always answer your question, be it a friend, a

song, a book, a poem, etc. Ask, and you shall receive; knock, and it will be opened to you. So be alert and aware of what is going on around you at all times. The source or the soul speaks to us constantly; just look and listen, and you'll see your destination.

The pendulum swung all the way to the negative side; it stopped, settled, and now it's heading back to the center. From that point onward, momentum will take care of the rest, but it needs a little help, a little push from within.

Once I received help for my problem that I had, I began to help others with the same maladies. We are all our own worst enemies. We need not be so damn critical of ourselves and each other. Learn to love by giving what is within you to those with limited sight. Show them the way home, and by giving, you will receive your treasure in heaven, where moth and rust do not corrupt.

Go Within

Concentration is a very powerful tool in regaining your senses. We have so much power at our disposal; shouldn't we use it? Once we've breathed in and out for a while in nice, long breaths and centered ourselves, it's time to focus inward. We aren't very thrilled with heading down the wrong direction again with our rig, so let's focus on the highway of life and steer in the proper direction. Keep the momentum going; don't let it slip through your fingertips.

Remain alert for any oncoming traffic, keep it between the white and yellow lines, and keep heading home.

God, or the soul, awaits us always. But it will not violate any free will of ours. It simply awaits our return and enjoys the experience of it all. The high and the low. The left and the right. Therefore, focus yourself on the prize; it awaits your return.

In the navy, sailors set off for long cruises that sometimes take six to eight months. It's a long trip away from their loved ones. They feel sadness at the departure, which lingers on for weeks. But it's their job, and it must be completed. So, they pick up your boots and perform their duty. At about the fourth or fifth month away, they begin to count the days until they can once again wrap their arms around their loved ones. The spirit, mind, and body are the sailor who departed. The soul is the loved ones waiting for you at the pier. Finally, when it's time for the ship to pull up to the pier, they can't hide the happiness filled within you. Such is the experience of returning home to the soul—God. Great joy awaits your return. Have you ever been so happy that tears have welled up inside you until it becomes a flood down your cheeks? That's the feeling of return. The feeling of unification with the ones you so dearly love.

Do

It's the final step to freedom—to do. We've gone within, we found ourselves, and now it's time to act.

Once we've gone within ourselves, and the pendulum moves in the positive direction, we allow our guidance system to show us where our soul is. In this place we find true happiness, peace, love, faith, and hope. Quit fighting the positive force, and allow it to flow. If we just quit trying to steer the ship, we are far better off. Let go and let God. Let the source be your guide. Allow it to be a road map in all your travels.

Many times in life, we've had to pick ourselves up, dust ourselves off, and continue putting one foot in front of the other. We have no other choice. Other times, it takes a very close friend or family member of ours, or an angel, to reach their hand out and pick us up. Other times it's us picking someone else up. Either way, we've all experienced the lowest and highest energies to flow through our spirit. We can thank God that we didn't drive off the cliff or that we didn't end our own lives.

In the end, the best way to get yourself out of the rut you are in is to help others. Extending your hand to another is the best way not to focus on your own issues. And then a miracle ensues; what you thought you were lacking you had all along.

How easy it is for us to lose track of where we are heading and begin down the wrong path. But always remember it is just as easy to turn it all around and head home. Sometimes, we just need a little help from our friends. Never lose sight of who you are and why you are here.

The Magical Number 12

Jesus answered, “Are there not twelve hours in the day? If anyone walks in the day, he does not stumble, because he sees the light of this world.”

—John 11:9 (NKJV)

Abraham begot Isaac, who begot Jacob, who had twelve sons, thus creating the twelve tribes of Israel.

Abraham begot Ishmael, who had twelve sons.

The great circle of the zodiac divides itself into twelve signs.

Jesus chose twelve apostles.

Odin had twelve sons.

The clock is divided into twelve numbers.

There are twenty-four hours in a day—twelve during the day and twelve at night.

There are twelve months to a year.

In trade, twelve means a dozen; twelve dozen equals a gross.

The human body has twelve cranial nerves.

There are twelve pairs of ribs in the human body.

Kabalists greatly esteem the twelve-letter name of God, HHH-HVVH-VIHH, which means *fu*, *est*, *erit* or “He was, is, will be.”

The soul is divided into twenty-four spirits—twelve positive and twelve negative.

Twelve is the number for completion.

Two eyes, ears, hands, arms, legs, and feet equal twelve parts or six pairs in the physical part of the human body.

I could go on and on.

Remember in the beginning of this book I told you the soul divides and subdivides itself into spirit, mind, and body? It does this in factors of twelve.

Let’s use the twelve positive and negative emotions or energy that we discussed previously as an example of this.

Picture yourself a clock shaped as a circle, with a big hand for minutes a little hand for hours extending outward from the center. If your clock is like my wristwatch, then it has a second hand also traveling from the center.

There are twelve numbers around the center of the clock.

Twelve hours for the day and twelve hours for night. Let’s substitute day for positive energy and night for negative energy. I’m just using the clock as an example; it doesn’t mean day is positive and night is negative.

Let's put our positive and negative energy list up again so we don't have to continue to go back to them in my other section of this book, make them easier to access here.

On the positive side, we have:

1. Faith
2. Peace
3. Forgiveness
4. Humility
5. Truth
6. Compassion
7. Empathy
8. Hope
9. Joy
10. Generosity
11. Kindness
12. Serenity

On the negative side, we have:

1. Anger
2. Envy
3. Fear
4. Guilt

5. Deception
6. Doubt
7. Sorrow
8. Arrogance
9. Regret
10. Worry
11. Greed
12. Self-pity

Love is not on the positive list due to the fact that love is in the middle of the clock. Love is the soul, and all other emotions stem from it. Love is actually all there is.

Life is a choice, and we are in complete and total control of our emotions at all times.

Now for each and every situation in life, we have one of twenty-four choices in how we may express ourselves. These choices are determined by where our spirit and our mind are at and expressed through the body.

Now think of the center of our clock as the soul or love.

A situation arises, and our spirit, wishing to express a feeling or emotion, leaves the center of the clock and heads towards one of these numbers.

It gathers momentum and places us at that number. Let's use joy. One o'clock during the day is where our spirit is now at. We find ourselves smiling and emanating rays of positive energy in every direction. We've chosen wisely.

Our spirit currently is at that point on the clock. Our mind follows.

We therefore remain at one o'clock until we make our next choice in life, holding onto our joy until another situation arises. Since we are in positive mode, it is far easier to stay that way then turn day into night and move into the negative. So our next choice might move us from joy to kindness. So our spirit moves down the clock from one o'clock during the day to seven o'clock during the day, and then from kindness to compassion, which is five o'clock during the day.

But let's say an event happens, which gives us loss. Let's say we lose a friend due to a terrible automobile accident. We therefore move into night and sorrow; we move from five o'clock during the day to three o'clock at night.

We weep. It's natural; the spirit needs to cleanse itself. But we can't seem to shake this feeling of sadness and then move to seven o'clock at night to self-pity as we feel sorry for ourselves and our loss.

The spirit is willing; it wants to shake this feeling of sadness and pity, bouncing back and forth between three o'clock and seven o'clock at night, but the mind and body can be weak. So we move to ten o'clock at night and into anger as we shake our fist at the soul. Then finally, we release this energy of anger after much frustration and move back into day, into the light, and peace at two o'clock in the day.

But we can nullify all these emotions by moving back to the center, which is love, where all these other emotions stem from. We can always return back to the center and to love.

Love is the great neutralizer of emotions. You can move from any positive or negative emotion and move back into love. It's the answer to everything. And when our spirit and mind are done with this body, we move into love, which is the soul. There can be no other way. There is no other place to go. We are all forgiven. Even those who've vibrated at the lowest frequency will move back into love. Do you know what that means? There is no hell, which means you have nothing to fear!

No fear of any retaliation whatsoever. When our spirit is finished with whatever emotion it wishes to display, it always has the choice of returning to love and the center of our clock.

See how we operate as a four-part being? The center of the clock is love, or the soul; the hands moving are our bodies being influenced by our spirits and minds.

The hands of the clock are always tied to the center—the soul, the source, or love. But they travel all over the spectrum in a continual range of emotions, many times on a daily basis.

Be of one mind, and we will continue in the same state for as long as we can. Stay in joy, and you will be joy.

Stay in the positive, and it is far easier to remain that way instead of moving from day to night.

In life after life, we store up both positive and negative energies, creating for ourselves what is known as the personality. Spirit plus mind equals personality.

Some call this karma, but it's not what you have been led to believe. You have no negative karma to work off each life; you may have negative traits of your personality that you need to resolve, but you simply start over at the center of the clock. But if your personality is comfortable in acting in one direction, then it will continue to until you break the cycle.

If you have acted in anger in the same situation previously, then you will continue to do so until you make a different choice. Your spirit gets used to acting a certain way, or your mind will keep you in a certain state of mind until a new choice is made.

What a wonderful being we are. What a marvelous creation, so capable of so many emotions, capable of so much energy. We are truly loving Gods in the flesh.

The key here to this illustration is to make us all aware of what we are capable of doing and who we are capable of being.

When you continue onward in your path, it will be far easier to remain in the same state.

Now that we've gotten through all that, remember that everyone else is doing the same thing. Many times, this is

based on your own choices but sometimes based on theirs, depending on how close you are with this person and how much energy you are each emanating from each other.

We are constantly sending out energies from our bodies based on the condition of our minds and spirits. Controlling how we feel and how we think will control this flow of energy. This is the most important aspect of our lives.

Back to the number twelve. We have twelve positive and twelve negative states of emotion. We have twenty-four choices for each situation in life that arises. Our evolution of our spirits and minds will greatly influence these choices, yet we can break the cycle by making a new choice.

I'm actually quite surprised our numbering system uses base ten instead of twelve. The circle is a foundation in geometry, and divisions of twelve are perfect—thirty degrees each.

There are twelve directions in life you can always travel:

1. North (N) or 0 degrees or twelve on your clock
2. North-northeast,(NNE) at 30 degrees or one on your clock
3. East-northeast (ENE) at 60 degrees or two on your clock
4. East (E) at 90 degrees or three on your clock
5. East-southeast (ESE) at 120 degrees or four on your clock

6. South-southeast (SSE) at 150 degrees or five on your clock
7. South (S) at 180 degrees or six on your clock
8. South-southwest (SSW) at 210 degrees or seven on your clock
9. West-southwest (WSW) at 240 degrees or eight on your clock
10. West (W) at 270 degrees or nine on your clock
11. West-northwest (WNW) at 300 degrees or ten on your clock
12. North-northwest (NNW) at 330 degrees or eleven on your clock

Therefore, you have twelve directions of travel. You don't have to specifically travel in these thirty degree increments, you can travel in between two of them, but you'll still be in the same area of NNE and ENE.

Just as there is twelve directions in the physical, so there is in the spiritual. There are twelve positive and negative directions you can travel spiritually since the soul has given us free will. The choice is ours.

The Example

Then Jesus spoke to them again, saying, "I am the light of the world. He who follows me shall not walk in darkness, but have the light of life."

John 8:12 NKJV

In my opinion, in the history of our world, there has been no human who had a higher consciousness than Jesus of Nazareth. He was able to heal the sick, raise the dead, walk on water, turn water into wine, and perform all sorts of miracles. Jesus had an extraordinary amount of faith, the type of faith that could indeed move mountains. Had he willed it, he could have very easily stopped his own crucifixion. But after his spirit and mind prayed, his soul won out, and he fulfilled his destiny.

Jesus moved into an area where the spirit, mind, and body matched the soul. They all worked as one in unison with each other. When that happens, the prayer formula

we discussed earlier works instantaneously—a rare feat, indeed. And thus, he became a living God, the son of man.

Most assuredly, I say to you, he who believes in me, the works that I do he will do also; **and greater works than these he will do**, because I go to My Father. And whatever you ask in my name, that I will do, that the Father may be glorified in the Son. If you ask anything in my name, I will do it. (John 14:12–14, NKJV, emphasis added)

Jesus reached the highest level possible and found a way for the rest of us to perform the same feats he did. He was truly the soul turned into flesh. So when he spoke that greater works were possible for all of us, he was speaking as the source for all of us. He is a most amazing man who set a fine example for the rest of us to follow. That was his mission, his sole purpose: to show us what we were all capable of.

Before he came along, the soul, or source of all things, had only a concept of the capacity of its being. After Jesus demonstrated, then God had an experience.

Here is the kicker in all this: he mentioned that we will do greater works than these. In other words, we all have the same gifts Jesus did, the difference being that he knew it and we don't. He understood the concepts behind prayer; we haven't. He said that only through him can we perform these miracles. He was speaking as the soul on earth when he said that. That through the soul we will also be able to

perform such miracles. So when the day comes in this life or in a future life, depending on how we evolve, then we too will be able to walk on water, turn water to wine, or move mountains. After all, it's our birthright to do so.

It's an evolutionary process to go from leaving the source as a being made up of spirit, mind, and body and return. We leave and return in life after life. The traits that we develop from one life get carried to the next. Our limited mind of this life may have forgotten who we are previously, but our greater mind hasn't. Our greater mind, like our spirit, remembers. We could easily call this our personality, our spirit and mind woven together like eternal brothers. When we have issues from something previous in our existence from the past, we must move past this in a process of evolution before we can move on.

So when Jesus entered into his life as the Nazarene, his personality came with him. He was already a highly developed being with many gifts from previous lives. Therefore, he was able to achieve Christ consciousness rather easily in that life and become God, or the soul, in the flesh.

And when He had called His twelve disciples to Him, He gave them power over unclean spirits, to cast them out, and heal all kinds of sickness and all kinds of disease. (Matt. 10:1, NKJV)

He took these gifts and transferred them to his chosen disciples, also called the apostles.

The chosen twelve were Peter, Andrew, James, John, Philip, Bartholomew, Matthew, Thomas, James, Simon, Jude, and Judas.

These men chosen by Jesus, save one, were able to also achieve a high state of consciousness. He, as the soul in the flesh, transferred a massive amount of concentrated positive energy to the apostles. In turn, they were able to heal people by removing massive amounts of concentrated negative energy, which is what they called demons. The apostles in turn transferred positive energy to others, who transferred it to others, and so on and so forth.

Drop a pebble in the middle of the pond, and it will create waves that reach the shore. Now drop a boulder in the middle of a pond, and very large waves will reach the shore. Jesus was the boulder, the apostles were the waves, and the people were the shore. See how it works? A massive amount of concentrated energy was dropped in the middle and transferred waves that flooded the shore. Thus it was with the chosen twelve, or eleven, I should say (Judas betrayed him). Later on in scripture, Paul becomes the twelfth, but that is debatable. That's just my opinion as a former apostle.

There were three who always walked with the Lord: Mary, his mother, and her sister, and Magdalene, the one who was called his companion. His sister and his mother and his companion were each a Mary. (Gospel of Philip)

Don't you think it's about time we were told the truth about who Jesus was? After all, it's been about two thousand years. He was a man who achieved Christ consciousness. He achieved God in the flesh in his life, but that he was also a man? A man just like any other, just as masculine as the next guy.

Jesus was like the rest of us, a son of God, but he was also Son of Man, which means he felt the same feelings of every other man who has walked the face of the earth. He, like any other man, loved a woman. He loved Mary Magdalene. She was always with him. They may have even been married. It wouldn't surprise me. But according to Philip, my favorite apostle, she was his companion. Now what does that word mean to you? To me it means girlfriend, fiancé, or wife. It most certainly means "partner" to me. The church has hidden this truth for a long time. I wonder what Jesus thinks about his own church hiding his companion from history, basically describing his companion as a harlot. Woe to them for lying about his mate. Also from the Gospel of Philip, "And the companion of the savior was Mary Magdalene. Christ loved Mary more than all the disciples

and used to kiss her often. The rest of the disciples were offended by it and expressed disapproval.”

They said to him, “Why do you love her more than all of us?”

The Savior answered and said to them, “Why do I not love you like her? When a blind man and one who sees are both together in darkness, they are no different from one another. When the light comes, then he who sees will see the light, and he who is blind will remain in darkness.” In the sixth century AD, Pope Gregory the Great (540–604) positively identified the unnamed adulterer in the scriptures as Mary Magdalene and suggested that the ointment used on Jesus feet was once used to scent Mary’s body. The seven demons cast out of Mary were, according to Gregory, the seven cardinal sins.

This passages expressed prior are one of the reasons Philip was left out of scripture. The first passage for the book is more than likely the reason Thomas was left out. Never mind that those two were eyewitnesses to the life of Jesus; they didn’t fit early church doctrine. Meanwhile, Luke and Mark were included. Ever notice that their gospels look like a reflection of Matthew’s gospel? It’s almost as if one person copied two from an original. I don’t recall Luke or Mark walking with Jesus for three years as Thomas and Philip did. It’s fine to have Luke and Mark in scripture, but why would the church leave others out? Did it not fit the doctrine of Jesus? Did they conceal the truth?

How far the church has strayed from its true path. They shut up the kingdom of heaven from men, they do not go in, nor do they let others enter.

There is another reason I like Philip the best. I've been told on more than one occasion by spirit guides and a certain angel that in a previous life I was that apostle. When I first heard this, it was difficult to wrap my mind around this. Me? Little old me? But in time, it made perfect sense. No wonder I've spent so many years searching for the truth. No wonder I never really agreed with the church. They were teaching a false doctrine all along. This was a different Jesus then I was used to. My spirit cried inside of me every time I heard a misrepresentation of Jesus. For those of us who walked with him for three years and heard his sermons, we knew better. The kingdom of heaven, the soul, is within you. It's out there, but it's also in here. The church, on the other hand, preferred the belief that the kingdom of heaven is out there, you are here, and they in the middle.

The church needed to take your power from you and keep it unto itself. They made up the rules as they went along. They can conceal the truth from you, but I refuse. They've been teaching a false representation of Jesus of Nazareth for a long time.

We don't require any church fathers to intercede for us on our behalf. Absolute power corrupts absolutely.

We have all the power and the glory within us! This, my beloved friends, has been and always will be the good

news! This is what Jesus taught the chosen twelve. That we had the power he demonstrated. At first, it was difficult to believe, then it came to us naturally.

In early church history, there was a battle of church supremacy between Rome, Jerusalem, and the gnostics.

The Jewish church, led by James the half-brother of Jesus, was strong in the beginning, but Jerusalem fell in AD 70, and so did the Jewish Christian church. (James was the son of Joseph and Mary. Yes, they did have children. How many lies must the church tell?) In the beginning, they were the strongest, but it didn't last long. Yet there is still a remnant of Jewish Christians that exist to this day.

The Roman Empire grew, and so did the Roman church.

The Roman emperor Constantine convened the Council of Nicaea in AD 325 and decided what was going to be in the Bible. Almost three hundred years after the death of Jesus, it was decided then and there what we were to believe in to inherit eternal life. Isn't that just wonderful? They decide what truth is three hundred years after the facts! It's incredible that it has lasted for this long. It's about time to set the record straight.

Once that happened, the Gnostic church, who were considered heretics, went into hiding. The Gnostic Christians (the kingdom of heaven is within you) have always been around but have played a minor role in comparison to pagan Christian Rome.

Rome decided to add church rules down the line and left out the importance of women. Big mistake. By doing so, they limited the roles of women in our spirituality. What is absolutely incredible about all this is that women tend to be more connected to their source. Women feel; men think. Women use their spirits more and men their minds, as any couple that has been married a long time can attest to.

Maybe someday they'll understand the errors of their ways, but I highly doubt it. They've got a long ways to go. They're too ingrained in their beliefs. Also, there is far too much money to be made off Jesus. One thing is for sure: the truth of Jesus's companion had to be hidden. Considering the Magdalene as Jesus's companion meant that she was equal to him, and the church certainly wasn't going to stand for that. Therefore, she was left out of history and thrown to the wayside.

You can't have male without female. You can't have Jesus without the Magdalene. The source, or the soul, is both male and female. How can it be any other way?

The myth surrounding Adam and Eve is just that, a myth. Female wasn't created from male. They were created at the same time. How can it be any other way? You can't have one without the other. To say that female was created from the rib of a man is just rubbish. It elevates the status of man and dismisses the status of woman. And women have been paying for this second-class status ever since. It's time for that to change. We will never evolve to a higher

status unless women are included as equal status. A society that places women as second class is a society that has lost half its power. Jesus and Mary balanced each other just as many other couples do.

Power does indeed corrupt does it not?

Toward the Middle Ages, the church had gotten so powerfully corrupt that the Spanish inquisition came into being. Because people wouldn't convert to their false doctrine, they were tortured in all sorts of manner. I don't recall in any of Jesus's teachings about torture devices, do you? The illusion of outward power holds its grip on the church leaders.

The Protestants, led by Martin Luther, split from Rome in the 1500s, but they are still a branch off the same Roman tree. They too miss the mark. They both tend to strain at a gnat and swallow a camel. They bow down to the letter of the law and violate the heart of the law, which is justice, mercy, and forgiveness. Judgment is their calling card. Seems to me that Jesus mentioned on more than one occasion to judge not. They must have missed those passages of scripture in their Bibles.

Nowadays, most of the church worships money. We shall call them money churches. God for sale. The Holy Spirit long departed. What a pity. How many times have you seen these preachers on television with their expensive suits, nice Rolex watches, and Learjets parked outside preaching about humility? What a joke! Compare them

with John the Baptist! Now there was a true leader who had no concern of material possessions. The kingdom of heaven was truly strong within him. John and Jesus taught the doctrine of change and repentance; the same doctrine is being taught here. If it's not working, then change. Well, folks, it's not working, and it's time to repent.

As far as many church leaders of this day, they are as Jesus said of the priests of his day. They have their reward. They've stored up their treasure on earth where moth and rust corrupt. Rather, do good deeds and store your treasure in heaven. And the soul, which sees what you do, will reward you with more positive energy, pulling you closer and closer to the source of all things, thereby storing up treasure in heaven.

Getting back to Jesus, his primary purpose was this: to believe, then know, then demonstrate who he was, the soul or God in the flesh. Once this was accomplished, he then prayed for and found a way to show others that they had the same capabilities he has. So he then chose twelve apostles to teach them that they had the same capabilities: the ability to heal and cast out demons.

Upon his death, anyone who uses his name has the same power if they have the same faith. He was trying to show us all that, as the source for all things, anyone who has the faith in that power can therefore demonstrate it by using his name.

Using the name of Jesus is the door into greater things. At first, you are able to accomplish prayer through his name; after this, as he said to us all, we can then move on from that and accomplish the same feats by using our own name.

The church's message down through history has been that the only way to salvation is from God through Jesus, with the church being the middleman between us and Jesus.

Jesus's message is this: the kingdom of heaven has always been within us. He demonstrated how to connect with that and reclaim our birthright. He showed us the way. He taught parables to the masses so they could understand spiritual mysteries, but he explained these deeper mysteries to the apostles so they too could demonstrate within themselves the deeper mysteries of the spirit. And they went on to change the world.

Jesus of Nazareth was and is Christ consciousness. The end result for every one of us. He showed us the way to the father. He reconnected the apostles to their souls.

This was his entire mission: to show us the way to Christ consciousness, who we truly are, which is our highest state of being in the physical. We shall know the truth, and the truth shall set us free that we can all be just like him.

The Vision

And it shall come to pass in the last days, says God,
That I will pour out my spirit on all flesh; Your sons
and your daughters shall prophesy, Your young men
shall see visions, Your old men shall dream dreams.

—Acts 2:17 (NKJV)

The next passage of scripture we will discuss, Matthew 24, is known as the Olivet discourse. It reads as follows:

Then Jesus went out and departed from the temple, and His disciples came up to show Him the buildings of the temple. And Jesus said to them, “Do you not see all these things? Assuredly, I say to you, not one stone shall be left here upon another, that shall not be thrown down.” (Matt. 24:1–2, NKJV)

This prophecy came true when Jerusalem fell to the Romans in AD 70.

The Jews rebelled against Roman authority three years earlier. When Titus sacked the city, he burned it to the

ground, sold the remaining Jews into slavery, and scattered the Jewish nation to the four winds, where they would remain until Israel was declared a state in 1948.

Now as He sat on the Mount of Olives, the disciples came to Him privately, saying, "Tell us, when will these things be? And what will be the sign of Your coming, and of the end of the age?" (Matt. 24:3, NKJV)

The end of the age does not mean the end of the world as many have interpreted it to be. It means the end of this age—the end of division, outward power, and material authority.

As an individual, a country, a race, and a planet, we all evolve in seven steps.

1. Fear
2. Outward Power
3. Peace
4. Intention
5. Creation
6. Saintliness
7. Godliness or Unity

Presently, this planet is in the grips of stage two, our adolescence. We are fast approaching the fall. Pride comes

before the fall, and we are quite a prideful race of beings. Then after the fall, peace, stage three, will reign.

Outward material power is what this world is all about presently. People are judged by their wallet rather than their spiritual gifts. Our motto seems to be “he who dies with the most toys wins.”

We don't seem to care about the well-being of this planet at all. We strip away its resources as if there will always be enough to go around. The problem is there is a finite amount of material here for us to consume. We have overpopulation, lack of oil, lack of fresh water, lack of food, and lack of empathy. We just don't seem to care as a species. Yes, there are quite a few that are very much aware of the problems of this world but not enough to cause much change. Although the spirit of this world is at work, causing more and more people to become aware of our problems, this number needs to increase greatly before we reach the critical mass for change. But don't lose hope; in time, it will.

And Jesus answered and said to them: “Take heed that no one deceives you. For many will come in my name, saying, ‘I am the Christ,’ and will deceive many.” Matt. 24:4-5, NKJV)

Now, as the soul was dividing and subdividing itself in the beginning into spirits, minds, and bodies, energies were concentrating itself into positive and negative. Some

of these spirits became extremely positive and some extremely negative.

These positive and negative energies concentrated themselves again and again, becoming quite powerful. Like attracts like, so positive attracted positive, and negative attracted negative. They coalesced into each other until you have extremely positive and negative beings.

The positive beings became angels, and the negative beings became demons. These are spiritual beings that never took on flesh but remained in spirit. They have a body, just not a physical one. They can indeed take on a physical body, but their true nature is spirit.

These demons exercise influence over many through mind manipulation, dream sequencing, and creating an illusion within an illusion that we are not worthy of the gifts of our eternal soul, keeping us in bondage with their deceptions.

These negative energies have turned their back on their source, the soul. Even though God can never sever ties with any of its creation (the soul can never break from the created spirits) these negative energies have cut the cord from it.

Deception is their number one tool. They are quite skilled at it. They'll tell you ninety percent truth and ten percent falsehoods, just enough to throw you off the track. They speak with a forked tongue.

They will create for themselves a false Christ or Messiah in our near future and will deceive many. This will be done for one reason: control. To control the minds of the masses. To keep us in bondage and away from our birthright. If these negative entities can persuade the people that Jesus has returned, then we will give this false Messiah all our power and authority, which these concentrated negative energies will have complete control over. Controlling the puppet that controls the masses. This is their goal.

And you will hear of wars and rumors of wars. See that you are not troubled; for all these things must come to pass, but the end is not yet. For nation will rise against nation, and kingdom against kingdom. And there will be famines, pestilences, and earthquakes in various places. All these are the beginning of sorrows. (Matt. 24:6–8, NKJV)

As far as wars and rumors of wars, pestilences, earthquakes, and famines. Unfortunately has hitherto been our legacy. We have lived in fear, and outward power for far too long. Our evolution has been painfully slow, but this is about to change. Good news is on the way. This will not change until the cavalry shows up. It will increase until the second coming.

The last word of this is sorrows. In many other translations of scripture the term used is “birth pains.”

As all mothers know, giving birth can be quite painful, with each push becoming more and more painful until

finally the child is born and the pain forgotten at the site of the newborn. So it is with this prophecy given to us by Jesus.

The wars, earthquakes, famines, and pestilence will be extremely painful, but as the child is born—the dawning of the new age—all will be forgotten at the joy of its birth.

Then they will deliver you up to tribulation and kill you, and you will be hated by all nations for my name's sake. And then many will be offended, will betray one another, and will hate one another. (Matt. 24:9–10, NKJV)

This will be the great falling away of the church.

Back in Roman times, when the empire was at its height, Christians suffered persecution on a massive scale. They were nailed to crosses, beheaded, tortured, and thrown to the lions at the coliseum for the amusement of the Roman populace. Because they refused to bow down to Caesar and would only worship Jesus or God, they paid the ultimate price.

In our near future, many of us will be given a choice: Bow down to this false impostor, or bow down to the real God, the soul. Follow this impersonator, or follow the God within you.

Many will choose the easy way out. These fair-weather followers will throw their beliefs to the roadside in favor of an easier path. They believe as long as life is good, and they have many possessions, their faith will be strong.

But threaten to take away their goods and watch their faith disappear.

A large percentage of the church show up on Sundays for the fellowship. Not many actually study the scripture. They rely on church leaders to do that part for them. The pastors, priests, and reverends don't mind because it gives their followers power to them. From experience, I can tell you that they don't care for any of the congregation questioning their doctrine.

They sit with their long robes and their many diplomas and say, "I've got the training and the knowledge. How dare you question me." Well, if you've spent years studying a false doctrine, then it doesn't mean a thing. False pride and a false doctrine, that's a bad mix. The blind leading the blind into the ditch.

Many churches are what I consider money churches. God for sale. It was the same centuries ago when a rich person could purchase their way into heaven. The church would sell indulgences. It's not very different today as the most important part of the sermon is the collection plate. You hear sermons about tithes and nothing of prophecy. Fools! Blind guides! The church will be blindsided, ripe for the picking, by the deception that awaits them. Their faith is weak, and the enemy is strong.

Laziness has caused a lot of this. Not many take time to study, pray, meditate, and contemplate. If they had done this, they would be able to interpret the signs of the times.

Instead they go to lunch then watch their favorite football team after services are held. By halftime, if there was any benefit of the service that was held, it's long since been forgotten. They believe by going to church that they are saved. They are rich in wealth, poor in spirit.

Then many false prophets will rise up and deceive many. And because lawlessness will abound, the love of many will grow cold. (Matt. 24:11–12. NKJV)

These concentrated negative energies that we will call the enemy will be so entrenched in society and the church that people won't be able to tell truth from fiction. What is up is now down, and what is down is now up. What is truth is now fiction, and fiction has become truth.

It is difficult to find truth nowadays, especially living in a world where money rules and the soul comes in second place. Money has become the god of this world. But it's a house built on sand. The storms will come, and good-bye to your house and your money.

Many decisions nowadays are based solely on money and not about whether it's the right thing to do or not. Consciousness has taken a backseat.

Any doctrine that teaches you that the kingdom of heaven does not lie within you is being taught from a false prophet. Any teacher that tells you that you are not connected to the soul is leading you towards a path of deception and destruction. A path of guilt, fear, and doubt.

Negative energies abound when we are not being told the truth of our existence.

The good news is that the soul and you are one and that we are all connected to that source. Never waver from that belief, and you'll find the source of true power, not some outward temporary power, but true strength within you. You've been lied to, and it's time to discover your true nature.

We do live in a world of lawlessness; therefore, people have lost empathy for one another. They just don't care. It is someone else's problem, and you go back to eating your dinner. More and more negative energy keeps getting thrown at us to the point where all we worry about is ourselves. Don't believe me? Turn on your nightly television news and you'll see nothing but negativity. Sensationalism at its finest. To hell with the truth; ratings is all that matters. Sensationalism in this time period sells.

It's easy to love a family member that is closest to you. But loving strangers? That's a tall order for many. Yet that is what Jesus taught. To love thy neighbor. So the trick to this is to extend your family to your community, your state, and finally the world. Take it one step at a time. Give to others, and it will be given back to you. Within you. Send out positive energy to others, and more positive energy will flow through you. It's a natural process. The more you give, the more you receive.

By giving to others, you are giving to yourself since we are all one. But also, your spirit will replenish itself with the

goodness you just sent out. Whatever you send out, the soul will replenish the spirit within. So if you want goodness, then send it out to others. Thereby you are storing up treasure in heaven, where moth and rust don't corrupt, and refilling your spirit with whatever you sent out.

But he who endures to the end shall be saved. (Matt. 24:13, NKJV)

We truly aren't saved; we save ourselves. Jesus just showed us the example on how to do that. By reconnecting to our original source, we are saved. All the power of the universe lies within us all.

Never lose faith in yourself. Realize who you are. Let the power of you overcome all obstacles.

When it looks as though we have lost all hope, that is when salvation lies within. Stop, settle, breathe, center, go within, and then do.

As the former basketball coach Jim Valvano said when he was in the midst of battling cancer: "Don't give up, and don't ever give up."

And this gospel of the kingdom will be preached in all the world as a witness to all the nations, and then the end will come. (Matt. 24:14, NKJV)

To this verse I am interjecting a few other verses;

And I will give power to my two witnesses, and they will prophecy one thousand two hundred and sixty days, clothed in sackcloth. These are the two olive trees and the two lampstands standing before the God of the earth. (Rev. 11:3–4, NKJV)

Then I answered and said to him, “What are these two olive trees—at the right of the lampstand and its left?” And I further answered and said to him, “What are these two olive branches that drip into the receptacles of the two gold pipes from which the golden oil drains?” Then he answered me and said, “Do you not know what these are?” And I said, “No, my lord.” So he said, “These are the two anointed ones, who stand beside the Lord of the whole earth.” (Zech. 4:11–14, NKJV)

There will be two witnesses described in Revelation 11 who will preach the gospel of the kingdom of heaven for 1,260 days, and then the end will come. This verse and that chapter are both related to the prophet Zechariah’s vision of seeing two olive trees before the throne of God. These two olive trees, which are the reincarnated Elijah and John the Baptist (two parts of the same being), will return and preach the gospel of truth, that the kingdom of heaven is within us, and we must change, or we will face destruction. For three-and-a-half years they will preach, and soon after that, the return will happen.

The whole world will be able to watch them preach and hear their message. This is humanity's last chance to save itself from destruction. To save itself from concentrated negative energies attempting to take over this planet of ours.

With the invention of satellite television, the two witnesses will be covered.

They shall come straight from the source: the soul, or God. They'll be the last messengers before the return of Christ.

It is my belief that they are presently being prepared for their mission to show as many people as possible the truth of the soul and that we are all one. That the way we are heading need not be the way. That we need not head off the cliff.

Before Jesus arrived the first time, Elijah (reincarnated as John the Baptist) had to arrive. Before Jesus returns again, Elijah/John has to come again. To pave the way for the Christ consciousness to return. To prepare the people for the arrival. To prepare the people for the child that will be born. But the birth pains must come first.

Therefore when you see the 'abomination of desolation, spoken of by Daniel the prophet, standing in the holy place' (whoever reads, let him understand), "then let those who are in Judea flee to the mountains. Let him who is on the housetop not go down to take anything out of his house. And let him who is in the field not go back to get his clothes. But woe to those

who are pregnant and to those who are nursing babies in those days! And pray that your flight may not be in winter or on the Sabbath. For then there will be great tribulation, such as has not been since the beginning of the world until this time, no, nor ever shall be. And unless those days were shortened, no flesh would be saved; but for the elect's sake those days will be shortened. (Matt. 24:15–22, NKJV)

And the people of the prince who is to come shall destroy the city and the sanctuary. The end of it shall be with a flood, and til the end of the war desolations are determined. Then he shall confirm a covenant with many for one week; (seven year period), but in the middle of the week he shall bring an end to sacrifice and offering. And on the wing of **abominations** shall be one who makes **desolate**. (Dan. 9:26–27, NKJV, emphasis added)

It's not my intention to frighten anyone. But if we keep heading down the path we are heading, then this is the end result. I pray we turn and head down another path, but from the looks of things, I have my doubts.

Daniel spoke of a final seven-year period. This is the last chance to end transgression and usher in an era of peace. If we choose the path we are heading towards, this is the result.

In the middle of the seven-year period, after the two witnesses have preached the gospel of the kingdom of heaven for a three-and-a-half-year period, then this

entity who will be the most horrible negative figure you could possibly imagine will commit the abomination of desolation; he will lay waste to the land of Israel. Heaven only knows what other atrocities he will commit.

Some have theorized that standing in the holy place means a rebuilt temple in Jerusalem. It's hard to say for sure. Maybe it's the Vatican in Rome? Maybe it's Mecca? There are several holy places throughout the world. In my opinion, the entire earth is sacred. I refuse to be dogmatic on the location of this place.

The abomination is that he will declare himself to be God and order everyone to fall down and worship him. Declaring himself to be God doesn't bother me. Ordering everyone to worship him and only him only does. We all have our own source to the soul through the spirit and mind; we don't need him or anyone else for that matter to be connected. We have our own connection.

Nor do we need anyone to worship to find our way to the soul. Not Jesus, not Buddha—no one. We have our own God within us to hold sacred. The kingdom of heaven lies within you.

So this imposter here seems to think that the only way to God is through him. Thereby taking peoples power away. Sorry, pal, you won't find me bowing down to you, not now, nor ever.

Towards the end of Matthews's verses, it talks of cutting the days short for the elect's sake. That tells me that between

the three-and-a-half-year mark and the seven-year mark after he has confirmed a covenant with the many, the return will happen. Otherwise, no flesh would be saved. Well, thank God for that!

People have argued about the elect and whether it's supposed to mean Christians, Jews, or whatnot. I'm not going to join that argument; as far as I'm concerned, we are all elected. Each and every entity ever created is chosen, or should I say chose themselves, to enter into the material world with a soul, spirit, mind, and body. None of us are better than anyone else. We are all one. Whether we choose to exercise positive or negative energy is up to us. It's all about free will or choice once we become physical. That will never be taken from us. That is law number one from the soul.

Then if anyone says to you, 'Look, here is the Christ!' or 'There!' do not believe it. For false Christ's and false prophets will rise and show great signs and wonders to deceive, if possible, even the elect. See, I have told you beforehand. Therefore if they say to you, 'Look, He is in the desert!' do not go out; or 'Look, He is in the inner rooms!' do not believe it. Matt. 24:23–26, NKJV)

Deception. What a wonderful tool for negative energies. The trick here is if you are unsure, don't believe it.

I have often wondered if there are advanced aliens out there with bad intentions for this planet of ours. After all,

we live in a garden of eden. A biological storehouse of life. A rare jewel, indeed. Other races just may be envious of what we possess.

Just theorizing, but if you took negative entities with advanced technology capable of performing miracles, signs, and wonders, then many of us could easily be duped into thinking that the second coming of Jesus is at hand. He warned us beforehand that a false Christ will come first. Never forget that.

Maybe demons or advanced aliens with bad intentions are the same thing? Either way, we need to keep watch for deception. We've been warned.

For as the lightning comes from the east and flashes to the west, so also will the coming of the Son of Man be. For wherever the carcass is, there the eagles will be gathered together. (Matt. 24:27–28, NKJV)

Jesus and his army of angels shall come as a thief in the night. It won't be any of this “hey, look over here,” or “hey, look over there.”

It will happen in the blink of an eye.

When all looks lost for mankind, when it looks like we've taken our last breath of life, when the eagles (the word *vultures* applies to this verse) have gathered together to pick the remains off us, then look up and see our salvation as a race. The return of the highest consciousness. The Christ has returned. And just in the nick of time.

Immediately after the tribulation of those days the sun will be darkened, and the moon will not give its light; the stars will fall from heaven, and the powers of the heavens will be shaken. Then the sign of the Son of Man will appear in heaven, and then all the tribes of the earth will mourn, and they will see the Son of Man coming on the clouds of heaven with power and great glory. And He will send His angels with a great sound of a trumpet, and they will gather together His elect from the four winds, from one end of heaven to the other. (Matt. 24:29–31, NKJV)

I had a vision one evening. It went something like this. It was quite detailed, so be patient with me.

New York City was hit by a massive tidal wave. I don't know if it was from a nuclear bomb that detonated in the harbor or what have you, but there was massive destruction. You could see the waves overtaking the tall buildings. It was a horrific scene. Manhattan Island was no more.

The United States' economy then went into a tailspin. Inflation rates and unemployment were extreme; the banks were unable to loan any money out, many of them going under. America was crippled. The dollar was practically worthless. It was the same setting as Germany, 1920. The country was desperate.

Meanwhile, most of the rest of the world seemed to rejoice at America's folly at first. They did until some of those countries realized that America wasn't there anymore to protect them from foreign invasion.

The New York City event led to a domino effect, first throughout the country and then the world.

Since the American farmer feeds so many, and farmers couldn't borrow money from banks, the world was hit with massive famine.

The United States was unable to pay back all the money that China had loaned to it. So the Chinese decided to take matters into their own hands and invade.

Then, of course, all hell broke loose. With nations choosing sides, most were against the US. America's main allies were busy trying to defend themselves, so they were of no help. Nor was the US any help to them in helping them defend themselves. (So for those nations relying on the US to defend them in the future, you better rethink your options.)

The Chinese, along with their ally at the time, Russia, plowed their way through Siberia, into Alaska, then Western Canada, down into the northwestern portion of the United States. There were millions and millions of them.

The Chinese, Russians, Middle Easterners, North Africans, and Eastern Europeans made their alliance against the US, Canada, Britain, Australia, New Zealand, South Africa, and Western Europe. This was a vision of World War III. East verses west. Nation against nation. Kingdom against kingdom.

Nuclear bombs were dropped on each other. It was a holocaust that left hundreds of millions dead. World War II looked like a small skirmish in comparison.

Just as it seemed all was lost, in the sky appeared hundreds of spaceships. Everyone in the entire world who was left could see at least one of them. They all looked like golden orbs. They stood there in the sky motionless for at least twenty-four hours. Then they begin to reposition the planet. Instead of the present tilt, they repositioned the planet so that it was no longer tilted and seemed to face straight up and down. This repositioning caused the sun to appear dark, the moon to not give its light, and the sky seemed to fall. The heavens shook. It also caused the war to end. Thank God.

In the distant path of Earth's history, there used to be 360 days a year divided into 12 months with 30 days per month. Then a calamity struck the earth and repositioned it to where it is today. These will retilt the earth to where it originally was. Once the planet settles, temperate climate will be felt again throughout the planet.

At that same hour that this happened, a child was born, a female who would grow to be a future world leader but more of a world teacher. She would at birth be filled with Christ consciousness. The same consciousness that Jesus possessed. This was what Jesus meant by his return. The return of Christ consciousness.

From that point forward, we realized we are no longer alone in this universe. The whole world had irrefutable proof and therefore brought us together.

After one day, the golden orbs left. And with that, my vision ends.

Now learn this parable from the fig tree: When its branch has already become tender and puts forth leaves, you know that summer is near. So you also, when you see all these things, know that it is near—at the doors! Assuredly, I say to you, this generation will by no means pass away till all these things take place. Heaven and earth will pass away, but My words will by no means pass away. Matt. 24:32–35, NKJV)

Jesus has given us several signs in this chapter of Matthew. When you see these things happening, you know that it is near. Even at the door.

It is my belief that when he referred to his second coming, he may have referred to the return of Christ consciousness in the form of the female. Or it could refer to his own coming in one of those golden-orbed ships. I have no idea. I do know that when scriptures refers to day of the lord, they are referring to this event. It will be the event of our history as a species and a planet.

But of that day and hour no one knows, not even the angels of heaven but My Father only. But as the days of Noah were, so also will the coming of the Son of

Man be. For as in the days before the flood, they were eating and drinking, marrying and giving in marriage, until the day that Noah entered the ark, and did not know until the flood came and took them all away, so also will the coming of the Son of Man be. (Matt. 24:36–39, NKJV)

How many people down through history have tried to put a date on the second coming? Here is a short list.

AD 500 Hippolytus of Rome, Sextus Julius Africanus, Irenaus

AD 793 Beatus of Liebana

AD 1000 Pope Sylvester II

AD 1260 Joachim of Fiore

AD 1370 Jean de Roquetaillade

AD 1504 Sandro Botticelli

AD 1524 Johannes Stoffer

AD 1526 Thomas Muntzer

AD 1533 Michael Stifel

AD 1673 William Aspinwall

AD 1694 Johann Jacob Zimmerman, John Mason, Johann Heinrich Alsted

AD 1700 Henry Archer

AD 1757 Emanuel Swedenborg

AD 1793 Richard Brothers

- AD 1814 Joanna Southcott
- AD 1829 George Rapp
- AD 1836 John Wesley
- AD 1840 Jakob Lorber
- AD 1844 William Miller
- AD 1847 George Rapp
- AD 1861 Joseph Morris
- AD 1863 John Wroe
- AD 1874 Charles Taze Russell
- AD 1890 Wovoka
- AD 1891 Joseph Smith
- AD 1901 Catholic Apostolic Church
- AD 1914 Jehovah's Witnesses
- AD 1915 John Chilembwe
- AD 1917 Sun Myung Moon
- AD 1930 Rudolf Steiner
- AD 1935 Herbert Armstrong
- AD 1943 Herbert Armstrong
- AD 1972 Herbert Armstrong
- AD 1975 Herbert Armstrong
- AD 1982 Benjamin Creme
- AD 1988 Edgar Whisenant

AD 1994 Harold Camping
AD 1999 Jerry Falwell
AD 2000 Ed Dobson
AD 2000 Timothy Dwight IV
AD 2000 Edgar Cayce
AD 2000 Isaac Newton
2000 AD James Harmston
2011 AD Harold Camping
2011 AD Ronald Weinland
2012 AD Jack Van Impe

That's quite an extensive list, isn't it? And that's just the past predictions. There's another list of those who've predicted for our future.

Jesus said no one knows, that he didn't even know but the father only. In other words, the source or the soul knows, and that's the extent of it.

Even the angels didn't know. Makes one wonder just what the angels do know, doesn't it? It's my opinion that as spiritual beings, they know just what the soul tells them and nothing else. Their jobs are to perform the will of the soul and nothing else.

Only the soul, our source, knows all things—not the spirit, mind, or body, but the soul only.

I have a pretty good idea about when things are supposed to happen and the identity of certain individuals, but I've

been warned not to reveal these things, so I shall refrain. When an angel gives you a message, you better take heed. I'll take that information to my grave. Besides, I would never put a date on the second coming. You aren't going to put my name on this already-extensive list.

As in the days of Noah, no one was able to see the signs of the coming flood save Noah. They were eating, drinking, marrying, and giving in marriage. They were going about their business without a care in the world. It's the same today. There are signs everywhere, yet apathy rules the day.

Noah tried to warn them; no one listened. You are being warned now; will you listen?

We need to turn this big old rig of ours known as planet earth around. Does anyone care? Are we too wrapped up in the cares of this world? If we are, then the flood of this prophecy will happen. It doesn't have to. We need not go through all of this. We can take another path as a person, a country, and a world.

Then two men will be in the field: one will be taken and the other left. Two women will be grinding at the mill: one will be taken and the other left. Watch therefore, for you do not know what hour your Lord is coming. But know this, that if the master of the house had known what hour the thief would come, he would have watched and not allowed his house to be broken into. Therefore you also be ready, for the Son of Man is coming at an hour you do not expect. (Matt. 24:40-44, NKJV)

The Son of Man is coming at an hour we do not expect. Christ consciousness will return at an unexpected hour and an unexpected time when we least expect it.

A certain amount of people will be snatched away at his return. One will be taken, and one will be left. This is what the church has called the rapture.

Christ consciousness will return again to this planet. At the moment that happens, that spirit will gather the elect from the four winds.

Those that have chosen themselves, or elected themselves as ambassadors to higher consciousness, will not feel the sting of the repositioning of the earth. They will be gathered up in the clouds. What an amazing revelation to behold.

This concludes Matthew 24, a passage of scripture so powerful and with so many messages for our world today. The apostles begun by asking Jesus a simple question of when his return would be and what would those signs be, and what an answer he gave them! Mind-blowing, to say the least.

It was not Jesus, nor my intention, to create fear with this chapter. Its purpose is to create awareness. Get people thinking, get them talking, get them asking questions. Get them to repent and change!

Without awareness, we can do nothing. Without knowledge, there is but a vacuum in our minds. This book will help fill the void. Our first step is to know who we are. Our second step is to reflect that knowledge with our

actions and deeds. Once that happens, an entire shift begins at the personal, community, and finally, planetary level.

We need not fulfill this prophecy; we can change at a moment's notice and move into another path of being. We can go from sinners to saints in a second. It has happened in the past; it can and will happen again.

We are moving into a nexus of time and space.

You may ask yourself, *What is a nexus?* It's an intersection that any race must pass through before it moves on to the next level. It is a threshold, so to speak.

As an example, a prior nexus was the invention of atomic energy.

A race will evolve in one way or the other, this way or that, sooner or later reaching this nexus. We reached this in 1945. Unfortunately, we used it as a weapon to drop on two cities in Japan. We chose the path of war in the use of atomic energy. How unfortunate. If we chose the discovery of nuclear energy as a peaceful process instead, the world may have been a different place. But we chose otherwise.

We are currently headed towards another nexus, that of the path of a peaceful existence on this planet. But we first must overcome our craving for war and our craving for outward power. True power lies within; the rest is an illusion.

We can do this in one of two ways. We can do this by choosing war so horrible that we never return to it. Or we can do this by choosing peace without the path

of war beforehand. It's up to us as a race. Either way, the intersection awaits. We can move forward toward peace; we can take a right turn or left turn toward war, but we cannot go back.

The Awakening

I can do all things through Christ
who strengthens me.

—Philippians 4:13 (NKJV)

In the beginning of our creation, we were aware of our complete and total being. The soul, which creates all things, spawned the spirit, mind, and body. All four parts worked in unison. We were truly Gods in the flesh, individual parts and pieces of energy with unlimited creative powers. But since there was nothing else but Gods in the flesh, we knew not that we were truly divine. Everything was divine, therefore what is divine? We needed something other than divine to understand what divine, our true being, meant.

We needed to move away from the soul to understand what it meant. We had no frame of reference unless we left the safe confines of the soul.

Therefore a burst of massive energy pushed us away from our source, the soul. This was a painful experience at

first; it took some getting used to. We are still adjusting as a spirit and mind. It's hard to leave home. Therefore we made an agreement that after each experience called physical life that we would return and replenish ourselves.

The body, working together through the spirit and mind, moved farther away from our center. The light had to move into the darkness to find out what the light was. What a frightening experience, yet there was no other way.

In life after life we have experienced ourselves through our spirits, minds, and bodies. We have experienced all of it. The ups and downs, the lefts and rights, the ins and outs—everything. This is the whole purpose of our being. So that the soul can experience itself through individual spirits, minds, and bodies.

We have literally moved from one extreme to the next, from unity, to division, and back again in spiritual cycles.

Now that we have discovered who we truly are, a four-part being with much greater powers than we ever thought possible, and now that we have been given some tools to use that power, it's time for us to create a brave new world.

If one were to look around the world today, what do we see? Do we see unity or division? Happiness or sorrow? Joy or anger? It's obvious which path this planet is headed. Time to turn this big rig around before we head off the cliff. But first, we need to slam on the brakes.

Stop. We are using our planets resources at an accelerated rate. This can't continue. We will head towards oblivion if we won't stop and choose another path.

Settle. We can't think unless we are settled. We won't be able to focus or center ourselves without settling first.

Go within. Once we've stopped and settled, it's time to go within. Center ourselves and focus. Meditate on the problem and then contemplate the solution. The answers to all the problems of the world lie within us. An elevation of consciousness is what is needed in this world. Past truths no longer serve us.

Do. We hold many options at the personal level. Minute by minute, hour by hour, day by day, week by week, we can choose our lives accordingly so that our spirits and minds match the greater power of the soul within us. Amen.

The kingdom of heaven, or the soul, has been with us all along. It awaits our awakening. It awaited mine for fifty years. Now let me tell a story of awakening.

At fifty years old, I was content to live the rest of my life in peace and seclusion. Being among nature, I had cleared my mind of the thoughts of the world. I had figured that this planet is heading toward its path, and there was nothing I could do or say to stop that. So be it.

I had visited many countries, seen many sites, and lived my life on my terms and conditions and was content to finish it in peace. It had been difficult at times, but my past has made the man I am today, and I'm grateful for that.

Then by random chance, along came this woman into my life. We shall call her Mary, which is not her real name. My deeper spirit within me told me that this one was familiar with my being and that we had been together in many lives prior. There was just something very special about her.

Mary, like myself, was content with living out the rest of her life in peace and contentment. She described it as living her life in a bubble and not letting others in. But that was her safety net; with me, she was different. She shared information that she wouldn't tell others. She immediately trusted me. There was a feeling of familiarity between us.

After months of communication without actually meeting each other in person, she had lunch with someone I will describe as a mystic. Let's call her Charlotte.

Mary and Charlotte were having lunch together one day when I was the subject of their conversation. Charlotte asked Mary about me and if she had a picture of me. Mary answered in the affirmative and produced a picture. It was nothing special, just a picture that I had sent to her of my smiling face taken about a couple years prior while I had been kayaking with friends.

Charlotte then studied the picture and immediately started receiving information about me from her spirit guides—angels, or what have you. She informed Mary that I was her soul half and that we had indeed spent numerous lives together. That I had lived a unique and different life, which is true, that I had a very special and unique gift

(an amazing gift was the term used), and also that the archangel Michael was working with me throughout my life and helping to shape me.

Mary then volunteered information about me to Charlotte. I had told Mary that in 1986, I had a spiritual experience. That during a meeting once when I was in the navy, a hand had touched my right shoulder from behind. I looked behind to see who had touched me, and no one was there! After the touch, a feeling that can only be described as peace, joy, and bliss enveloped my body. The feeling began at my right shoulder and flooded me from my head all the way down to my toes. It took about twenty seconds for this feeling to envelop me.

The feeling lasted for three days. At first, it was ecstasy, and it slowly diminished until I was back in my original state of being.

It felt otherworldly, to say the least—a spiritual experience indeed. That touch has changed my life, as you can imagine. It's not something I will soon forget—an otherworldly experience that still leaves me beyond comprehension.

Mary then related this experience to Charlotte.

Charlotte then informed Mary that the touch was used to wake me up. That if I had continued on that path I was headed, I would've ended up in ruin.

Mary then asked Charlotte if the touch had come from Jesus.

Charlotte didn't answer that question one way or the other; she stated that she could only give information that she was receiving and nothing more. However, she did state that I had a strong connection with Jesus, and the clue that she was given about the connection was the number five. I will get back to that clue in a little while.

Their conversation continued, but there was nothing more significant about myself other than what she was already told. However, Charlotte did warn Mary that she was not to reveal these truths about me yet and that I had to find out these things for myself. To relate them to me would violate my free will, which is a gift given to me and everyone else for that matter, from God.

So Mary held these truths in her heart, but she didn't quite know what it all meant. I was completely unaware of this conversation until later, after I figured out what it all meant for myself.

Mary is the mother of two children who have autism. One has full-blown autism, where it is difficult for her to communicate, and the other has Asperger's, which is more of an anxiety disorder. They are two very special children. I will use false names here to protect their identity. We shall call them Jessie and Joan.

Jessie has the communication problem, while Joan has the anxiety disorder.

Mary, Jessie, and Joan all have three things in common. They all have highly developed third ears within them. They'd be considered clairaudients within the spiritual community.

Mary receives messages from her grandmother, who had passed away two years previous. She is able to communicate with her grandmother each night, which gives her some sort of peace, comfort, and clarity in her life.

Jessie and Joan can delve even deeper than Mary. Besides an extremely powerful third ear, they have a third eye. It seems to come natural to these two. Their third eye seems to work as well as their other two. They can see the spiritual realm as well as the material—quite an extraordinary pair, to say the least. These two are the type of children who have afternoon tea with the heavenly host—extraordinary, to say the least.

Let's back up to how these two very special children came into being.

Mary is incapable of having childbirth in the normal process. She had to use what is known as in vitro fertilization for her to have children. For those who aren't familiar with that term, just think of test-tube babies.

She then agreed to have a child with another who provided the sperm.

Well, she got two for the price of one and ended up giving birth to twins.

I could go on and on about the difficulties Mary had to overcome, but let me cut a long story short and tell you that they were born premature at twenty-nine weeks.

They lived fairly normal lives until it was time for them to get the MMR vaccination. A few days after that, it is when the symptoms of autism began to set in. Jessie almost died. When she did come back, she has never been the same.

Needless to say, these twins have been nothing short of special from the very beginning. As I said previously, these two have very developed spiritual gifts such as the ability to see and hear beyond the normal.

Once when Mary was gazing on a picture that was in her computer that I had given her of myself, the same one she had shown Charlotte in their lunchtime discussion, Joan walked by and looked at my image. Immediately Joan had instant recognition of my image and proclaimed, "That's my daddy!"

Joan immediately asked Mary to print her out a copy of my image from her computer, which Mary did. She then took the image to Jessie, who, upon looking at it, smiled and began to stroke the picture with her hands in a loving fashion. She then kissed it, smiled, and held it up to her heart. Jessie, like Joan, had instant recognition of me.

Jessie would not let go of the picture and took it with her wherever she went from that moment forward. She, like Joan, also proclaimed that the image was that of her father.

Mary was awestruck; she knew the true sperm donor, and it certainly wasn't me. Yet the girls were telling her otherwise. Her mind was completely blown away. It would have to be completely impossible for me to be the girls' daddy.

Meanwhile, Mary and I continued to talk on a daily basis via the telephone.

Jessie and Joan begged Mary to let them talk to me. At first, Mary was resistant, but the girls' persistence paid off, and finally Mary relented.

We proceeded to talk, the girls and I. At first it was small talk, but after a while, they wanted to get to know me further.

After a couple weeks of everyday talking they wanted to start calling me Daddy. This gave Mary much nervousness; she hadn't told me yet about the instant recognition they experienced when they first saw my picture. But it didn't matter to me at the time; I told Mary that the girls could call me whatever their heart desired. I reckoned whatever made them happy was fine with me.

Mary, not wanting to overstep her bounds, agreed with the girls to call me Daddo instead. Well, after a couple weeks of Daddo, that soon turned into Daddy, which was perfectly fine with me. Yet still I had no idea that the girls considered me their real daddy.

Mary's world had taken a shift into the surreal. She had two daughters who considered a man that she never met,

and who lived on the other side of the planet, to be their father. She couldn't wrap her mind around this concept, as you can imagine. The girls were adamant that I was their true father in every way, shape, and form.

At that time I had never considered myself to be their biological father. The thought never occurred to me. It made them happy to call me their daddy, and that was good enough for me. If they wanted to call me that, well, that would be fine with me. Whatever made them feel better was all right.

Then we all had ourselves a shift of consciousness that lasts until this day.

One morning while I was at work, I received a video from Mary of Jessie having a terrible time at night. She kept asking for me. "Daddy, Daddo, I need Daddy Daddo." She repeated this over and over again, calling out my name.

I proceeded to call Mary and ask her what was wrong. She told me that Jessie had been asking for me and that she needed me.

Mary then gave the phone to Jessie, and we talked for a little bit, and soon after Jessie fell asleep with a smile on her face. A few minutes after this, I had a strange feeling that now Joan was in some kind of trouble. After a couple minutes of trying I finally was able to reach Joan and talk to her. The same thing happened to her; she immediately went back to sleep with a smile on her face.

Later that day, I was able to talk to Mary and asked her what happened with the girls. She informed me that they were both having terrible nightmares and that upon talking with me, they went straight away to sleep.

Well that made me curious as to how that could be? How is this possible?

The truth of the matter lay even deeper than that.

After talking with Mary and the girls for some time to get this all straightened out, I found out that these children have been tormented by negative dark energies for quite some time.

Approximately a week and a half after the children received their MMR vaccination shots, the children started getting nightly visits from these negative dark beings. Mary informed me that they usually happen between the hours of midnight and 2:00 a.m. Mary had spent many nights up with the girls to comfort them after being attacked by these beings.

The children described these beings as of two types. One type were short, pale, skinny men with big eyes, and the other type were giant lizard men. Since they were a year and half old, they have been tormented by them. They are nine at the time of this writing.

My heart went out to these precious little darlings.

Well, the night of the phone call that chased the nightmares away, what happened, according to Joan, who

is the girl who can communicate but has anxiety issues, is this:

These short, pale, skinny men with big eyes showed up for a visit with Jessie. As soon as my voice reached the ears of Jessie, these beings fled in fright. According to Joan, they were more than terrified of my presence. Joan saw in her third eye my being ripping these creatures apart. She continued to tell me that she began to have a nightmare as soon as they fled from Jessie and into her, and after I talked to her, I began to rip the rest of them apart.

Well now, that changes things, doesn't it? There's more.

I talked to Mary about the entire situation, and that is when she informed me of the tormenting that had been going on in the girls' lives. On certain nights she had heard the girls scream in terror, she would rush into the room and look at her precious darlings and see that the pupils of Jessie's eyes had changed. They would change from their normal pupils to brown in color as if some other presence had invaded this dear child and was now having her way with her.

Mind-blowing, to say the least.

Mary started to tell me of the history of these girls. Besides the night terrors, there had been times when the girls wandered as if they were being led by another. Once, Jessie had wandered, only to be found naked and about ready to jump into a pool. If Mary hadn't found her in time, she would have surely drowned that day.

Another time they were walking near a pond when Jessie started to run at the pond, and Joan yelled out, “No, Jessie, no!” Mary went and grabbed Jessie before she could jump in. Mary then asked Joan what happened, and her response was, “There is a monster in the pond who wants me.”

Bizarre, yet true. You’d have to have an extreme imagination to make all these things up. I believe these girls, and so should you; my belief is that these dear little darlings are incapable of lying, having visits from angels as often as they do.

Having studied scriptures in my life, the whole thing made me think of the Bible.

After this event with the girls and casting away their nightmare from them, I began to look inside myself for answers.

About this time, Mary told me of her conversation with Charlotte and the information about me that she was to keep to herself. she told me about my being led in my life by Michael, about having a strong Jesus connection, and that my clue to that was the number five.

Number five? What does that mean? I began by studying scripture. I started looking at those who were close to Jesus: his apostles. I looked at list after list of them in each of the gospels and noticed that in every list, Philip was listed fifth among them.

I went within, couldn’t get complete confirmation of this, and informed Mary about this. She then went to her spirit

guide and asked the same question, and her response was in the affirmative: in a previous life, I was that apostle. With all that new information, I had another shift in consciousness. Life had indeed took a turn into the surreal. What are the odds of being one of Jesus's chosen twelve apostles?

Let me interrupt this story and repeat a bit of scripture:

And when he had called his twelve disciples to him, he gave them power over unclean spirits, to cast them out, and to heal all kinds of sickness and all kinds of disease. Now the names of the twelve apostles are these; first Simon, who is called Peter, and Andrew his brother; James the son of Zebedee, and John his brother; **Philip** and Bartholomew; Thomas and Matthew the tax collector; James the son of Alphaeus, and Lebbaeus, whose surname was Thaddeus; Simon the Cananite, and Judas Iscariot, who also betrayed him. (Matt. 10:1–4, NKJV, emphasis added)

There I am, listed fifth!

Also, at the beginning of the verses, it says we all had the ability to cast out unclean spirits.

Wow! Now all that was a lot for me to take in. But it all started making sense.

The girls started demanding that I speak with them every night before they went to bed for protection. I, of course, had no problem with that; my mind was blown already, why not blow it up some more?

Therefore, I would talk with them for a few minutes each night, and they would almost immediately fall asleep.

Now about three weeks after the initial event happened, I had scheduled myself to go see a music festival. It was a four-day event, with the reception of any cell phones being nonexistent. I had paid a lot of money to go see this event, and I figured that the girls would be safe without me for a few days. Boy, was I wrong.

Now keep in mind that every night we had been talking, the girls were not being harassed in any way, shape, or form. Those short, pale, skinny men with big eyes, or what was left of them, had vanished. So the second day after I left for this music festival, the jackasses returned. These bastards returned with a vengeance at my departure and proceeded to torment the hell out of these dear girls. I'm still having a hard time forgiving myself at leaving, but how was I to know they'd return?

Well, once I left the festival, I phoned Mary. She informed me that they were back, and the girls were in tears. I ordered her to put the girls on the phone, and I talked to them for a good half hour. While I was talking to them, a massacre ensued. The power of my voice was enough to kill dozens and dozens of these beings. I had blindsided them. That made me feel a little bit better.

Life proceeded from that event as normal with me calling the girls every night for protection. And then, another strange thing happened.

Thirty-seven days after that fateful event, the girls were victims of an attempted abduction.

Joan told me that the bad guys, as she is known to call them, were back, except this time, they were different. She described these beings as giant lizard men whose color were green like the trees. During the night when the girls slept, they attempted an abduction. How do I know this? By the bruises on the girls' legs and arms in pictures that Mary had sent me the following morning.

According to Joan, who has an extremely strong third eye, she informed me that the giant lizard men tried to take them, but I was there, and I beat them up and had killed all but four of them. Fascinating.

So now the skinny pale beings with big eyes were gone, replaced by the unjolly green giants. My mind can only process so much information at once, but I believe every word this dear girl tells me. If you knew her, you would know what I mean by that. She hears things a mile away and sees things that no one else does. Both of them do; it's just that Joan can communicate quite clearly while Jessie has problems in that area.

Meanwhile in all this, another fantastic event was happening. The girls were healing of their autism!

Joan didn't have as much healing to do, so she has been completely and totally healed of her Asperger's. Day by day, Jessie's words are becoming more and more frequent. Jessie has some more healing to do, but it is happening. Before

our nightly talks, all she was able to do is to repeat what was said; now, we hold conversations. The healing happens at night when they sleep. It seems as though as soon as I talk to them they get rather sleepy. They last maybe five minutes after the conversation is over, and then they proceed to sleep for at least ten hours.

The healing power of the Holy Spirit seems to put the girls to sleep so it can go to work and undo all the damage these unclean spirits have caused. It's a process that is taking time, as far as Jessie is concerned, but it is working.

I never knew I had it in me until I made contact with Mary and these two wonderful girls.

The giant lizard men, as Joan calls them, have made a couple of return appearances but have been turned back each time. Apparently the power of this spirit is far more powerful than they are. One thing is certain: I will never leave them and go to another music festival or anywhere else, for that matter, where I cannot make contact with them at least once a day. I refuse to chance it.

Every day, Mary, Jessie, and Joan talk to me, looking forward to that day when we can all be together. That day is very soon. This story for now will have to end on a "to be continued" note. Stay tuned for further information.

This story makes me wonder how many children with autism are truly being tormented. I did a little research on the subject and found terms such as *night terrors* and *wandering*. Also, children with autism will sometimes strike

their parents and then snap out of it a half hour later after much struggle, not recollecting a thing about the event. Almost like a possession.

I'm not going to enter into the debate about the causes and effects of autism. I can only speak for these two dear little darlings that have entered my life and what has happened to them. It's all true; you can believe every word of this story. Their names have been changed to protect the mother and her two daughters for privacy reasons and from public scrutiny. Besides, I've been warned by a being that called himself Thomas Messenger that I was not to reveal their true identities.

Now I know enough about scripture that *messenger* is another term for *angel*. It's best to heed their warnings if you ever receive one. He spoke in a deep, soft, soothing voice. When someone ever tells you that a certain someone has the voice of an angel, I know what they sound like that, at least this one anyway.

I can only speak for myself when I say if you don't believe these children are being tormented, then you are aiding to their demise. They are being locked away into a prison of their own minds, and they need to be released.

You don't have to be a former apostle to help them; you can use the prayer formula for that. Use Jesus's name to cast them out, but it won't work unless you have one hundred percent faith in the process. Once your faith and beliefs match that, then you'll also be able to help. It's the only

way I know to treat these children effectively, and I am only speaking for myself and my experiences of it, nothing else.

The experience has been mind-blowing, to say the least.

A few months ago, I was unaware of any spiritual gifts I may have and that I was one of the chosen twelve apostles. Certainly, this was my great awakening.

A New Belief System

All great truths begin as blasphemies.

—George Bernard Shaw

It appears as though since the beginning of our present belief system that there is always some entity out there looking to take our God-given power away from us, whether it be the church, the government, or some other entity. Someone is always trying to take our freedom and our birthright away from us. Something is always in the way. It's time to change all that if we are to evolve as a species.

The human being is far more powerful than we've been told. We've been lied to. We've been deceived, and it's time to lift the veil and put an end to all that.

We are living Gods, and it's time for all of us to start acting like it.

It's time for us to leave our adolescence and move into adulthood.

I know there are those right now reading these pages and wondering, “Living Gods? Is this guy nuts?” No, I am not. It’s the truth. The reason we haven’t been acting like it is simply we didn’t know any better. We’ve been taught otherwise. And it’s high time to start teaching our children the truth instead of falsehoods. We’ve been doing that since the beginning, and look where it has gotten us. Their future depends on it.

So let us begin by teaching them who they truly are.

1. We are all children of a living God.
2. We are four-part beings made up of soul, spirit, mind, and body.
3. We are all one; there is only one of us: the source, or soul.
4. We are all positive and negative energy sources.
5. We choose our directions in life based on free will given to us by our source, the soul.
6. Creation is based on faith and resistance.
7. We all incarnate into physical bodies for the experience of ourselves.
8. We need to celebrate our commonalities instead of critiquing our differences.
9. Our goal is unity as a person, a community, a state, and a planet.

10. We are all eternal. We cannot die.
11. Our final destiny is Christ consciousness: the return to our former selves.
12. This life is an illusion based on time and space.

Imagine if we taught our children these great truths? What a world we could create. They'd realize that what they send forth, they receive, since there is only one of us and that none of us is greater than any other since it is impossible for the one to be greater than itself.

Imagine teaching children that they are much greater than what they've been taught along. That we are four-part beings made up of soul, spirit, mind, and body. That they are free children of God. That they were born free and will remain free. That no one could take their power away from them. What a difference that would make.

Imagine teaching children this formula for prayer. That all the creative powers are at their fingertips by increasing their faith and decreasing their resistance. That the only reason they are here is for them to experience their true divine selves and nothing else.

Imagine teaching children unity instead of division.

Just imagine.

In the evolution of humanity, great truths have changed through the ages.

Once upon a time, this world was thought to be flat, and then we looked closer.

Once upon a time, we thought we were limited to our bodies, and then we looked closer.

Once upon a time, we thought that we were bodies and minds, and then we looked closer.

Once upon a time, we thought we were bodies, minds, and spirits; now, we know better. We left out the most important part of our being: the soul. The part that created the other three.

I've often wondered in my life, if Jesus were alive today, what would he think of his church? I wonder how many times he has snuck in at the last moment to take a seat in the back pews and listen to the preacher on stage. What would he think? How would he react to sermons about fire and brimstone rather than mercy and forgiveness? Would he shake his head and walk away? Or would he look through the crowd, sensing the hearts of those searching for the truth, and seeing the true faithful listening and believing but also lacking something within themselves: his holy spirit.

Let us delve deeper into this scenario. He thinks to himself, *If I could only walk up on stage, grab the microphone, and begin to teach the truths of the soul.*

He's also thinking that if his friend John the Baptist were here, he would have already marched to the podium and started preaching "repent, for the kingdom of heaven is at hand!"

He wonders why there isn't the number of female church leaders as he imagined. He wonders what happened to the unity he left behind. He wonders how it all got hijacked.

A tear flows down his cheeks as he thinks back to a time when John, himself, and twelve others all laid down their lives for the cause of truth and justice. All built the foundations of a new belief system that now two billion people follow. But how many of those people know the truth? Not many of them know that the kingdom of heaven of lies within them.

No one greets him, nor does any notice him. His clothes are too shabby, his hair too long, and how dare he wear sandals to a house of worship! He's sad, but he knew this was coming. He prophesied about a great falling away of the faith, that they became too materialistic and forgot about the spirit and the soul. He just hoped that maybe he had it all wrong, and they would repent, change their ways, and love one another.

He hoped they would avoid the prophecy he gave to his close friends, the apostles, on the Mount of Olives.

But these stiff-necked must learn things the hard way. They've got one more war left before his return. He prays to the father, his soul, that the people open their eyes and ears and change their path before it's too late. He prays for understanding.

He knows that his friends of two thousand years ago, the apostles, are presently walking the earth to prepare the

way for him. Knowing that the enemy will attack each and every one of them like they did before, he prays that the angels watch over them.

He prays that messengers are sent to warn the people and that they need to realize they are greater than they think they are. And that they need to begin to treat each other as the living Gods they are.

Before he rises from his pew to leave, he offers up one last prayer: “Forgive them, father, for they know not what they do.” Amen.

